



Life with the Power of Choice and Possibilities

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VALLEY MOUNTAIN REGIONAL CENTER SERVICE STANDARD

ADULT DAY PROGRAMS

Adult day programs are designed to provide meaningful activities and training for adults with developmental disabilities. Adult day programs provide individual and group assistance and training, in the development of, increase in, and maintenance of self-help, communication, physical mobility, socialization, and behavior skills that are needed to successfully live and work in the community.

Adult day programs are intended to provide consumers who do not work with the opportunity to have a pattern of life similar to non-disabled individuals by providing them with planned activities up to five (5) days per week subject to the Department of Developmental Services' (DDS) Uniform Holiday Schedule of mandatory closure days.

Adult day programs may offer weekend days as a flexible schedule option. If a day program provides weekend day service, that program may provide services in one of two ways:

1. The program utilizes a daily billing rate; exchanging a weekday for a weekend day. The full-time equivalent shall not exceed a maximum of 23 billable program days per month.
2. The program utilizes an hourly billing rate; exchanging equivalent numbers of hours between a weekday and weekend day. The full-time equivalent shall not exceed a maximum of 138 billable program hours per month.

All programs must comply with the DDS Uniform Holiday Schedule of mandatory closure days per regulation. These weekend days cannot result in an increased cost to VMRC. VMRC cannot pay for transportation services on weekend days as these would be incremental costs in addition to the regularly scheduled transportation.

Adult day programs may offer off-site community integrative experiences as well as centerbased training. Each vendored program has a specific

program design that defines its activities, obligations, and length of program day.

All programs must comply with the DDS Uniform Holiday Schedule of mandatory closure days in accordance with Welfare & Institutions Code Section 4692 and pursuant to the 09/10 State Budget Trailer Bill ABx4 9.

ELIGIBILITY:

To receive regional center funding for an adult day program, the following criteria need to be met:

1. The consumer or his/her representative expresses or demonstrates a desire or need to participate in a day program, and
2. A portion of the training, supervision, and support needs of the consumer as determined by the planning team is best be met by an adult day program, and
3. Referrals to existing generic community resources such as community colleges, Department of Rehabilitation (DOR) services, Adult Day Health Care (ADHC) services, public school-sponsored adult education programs, etc., must have been explored and deemed not presently available, appropriate, or adequate, and
4. The consumer is at least eighteen (18) years of age, and 5. The consumer has completed his/her public-school education and is no longer eligible
5. The consumer has completed his/her public-school education and is no longer eligible for funding through the public school system (through age 22).

SELECTION CONSIDERATIONS:

The following must be considered in selecting an adult day program:

1. Does the consumer indicate that attending is his or her choice?
2. Does the program provide appropriate services based on the consumer's expressed or demonstrated needs?
3. Is this the least restrictive environment available in which the services can be provided?
4. Is this the most cost-effective appropriate program?

5. Does the consumer meet the entrance criteria of the program as defined in the program design?
6. Is transportation to the program efficient and cost-effective? Is the ride time less than forty-five minutes each way?
7. Is the consumer's desired schedule of attendance consistent with the program's attendance policy?

EXCEPTIONS AND APPEALS PROCESS:

This service standard is to provide guidance as to the appropriate adult day program services to meet an individual consumer's needs. But, if the Planning Team determines that sufficient support exists to request an exception to these standards, a Purchase of Service Exception Request should be submitted.

VMRC recognizes that there may be occasions when a decision is made by VMRC that may not satisfy the consumer or his/her legally authorized representative. When the consumer or his/her legally authorized representative believes a VMRC decision is illegal, discriminatory or not in the consumer's best interest, an appeal can be made to challenge that decision. All appeals shall be in compliance with Welfare and Institutions Code, Section 4700-4730.