



## **Minutes for Board of Directors Meeting**

06/28/2023 | 06:00 PM - 08:00 PM

Hybrid - VMRC Stockton Office Cohen Board Room and via Zoom Video Conference

**Board Members Present:** Jose Lara, Robert Balderama, Dr. Steve Russell, Lynda Mendoza, Linda Collins, Liz Knapp, Brandy De Alba, Dr. Suzanne Devitt, Lisa Utsey, Alicia Schott, Anthony Owens, Jessica Quesada, Crystal Enyeart, Dr. Li, Tom Toomey

**Board Members Not Present:** Emily Grunder (informed absence), Erria Kaalund (informed absence), Gabriela Castillo

**VMRC Staff Present:** Bud Mullanix, Mark Crear, Aaron McDonald, Gabriela Lopez, Evelyn Solis Ledezma, Doug Bonnet, Claire Lazaro, Tony Anderson, Brian Bennett, Christine Couch, Tara Sisemore Hester, Michele Poaster, Mary Duncan, Melissa Stiles

**Public Present:** Isela Bingham, Rachelle Munoz, Gloria Sanchez, Christopher Aguire, Lisa Culley, Maria Elena Diaz, Norma G, Ami Sullivan, Angela Lewis, Dena Hernandez, Heraclia Perez, Jeannet K, Liliana Escudero, QATA Hill, Gricelda Estrada, Ana Soto, Cesars Iphone, Erick Thurmond (QATA)

### **A. Call to Order, Roll Call, Reading of the Mission Statement**

Meeting called to order at 6:04pm. Lynda Mendoza led the reading of the Mission Statement. Doug Bonnet took the roll. A quorum was established.

### **B. Review of the Meeting Agenda**

Lynda Mendoza reviewed the agenda.

### **C. Review and Approval of the Board of Directors Meeting Minutes of 04/26/23 - Action**

Lisa Utsey made a motion to approve the Board of Directors Meeting Minutes of 04-26-23. Alicia Schott seconded the motion. The Board of Directors meeting Minutes of 04-26-23 was approved unanimously.

## **D. Presentation - Ami Sullivan, Kinetic Flow, 2023 Satisfaction Surveys**

### **1. Public Comment on Satisfaction Surveys**

Quality Assured Training and Advocacy Hill – Asked questions: with all of the new service coordinators, are family being notified in a timely manner, in accordance with Lanterman, within 10 days of their coordinator? As far as the survey itself, can we see all of the questions that were asked, so we know what it really reflects. I asked for it a couple years ago, and still haven't gotten it yet, is the regional center paying service coordinators overtime when they work overtime?

Tony Anderson responded: the questions on the survey are published on the website, in a summary report. There is a current survey on the website right now from the last data point. We do notify families of their new service coordinator. Yes, we pay overtime when people work overtime.

Gricelda Estrada – through an interpreter: the first question is how can I have access to the information that has been presented? Second question, which ethnic groups was the survey sent to? Also, I want to know if families were invited to participate in this survey? number four, I am one of the persons that does receive and review the newsletters and I never saw anything that I could participate in the survey. And as I always state, this webinar does not allow families to participate in the chat webinar and that is not fair.

Tony Anderson responded that the information is in the board packet. Ami Sullivan reported that the summary will be on the website. Ami shared that the survey was represented across all primary ethnicities and languages. Ami shared that over 2000 families were invited to participate and over 800 chose to participate.

Maria Elena Diaz – through an interpreter: My first question is what was this based on, the surveys sent? These families who received the survey, I wasn't asked to participate in the surveys. I also wanted to share that for self-determination to taken into consideration, these are barriers that we are facing.

Ami Sullivan responded that the survey questions are based on the core values and the strategic plan of the regional center. Ami shared that over 2000

families are randomly selected around the date of the face to face annual meeting. Of those 594 participated.

Maribel Falcon - through an interpreter: you mentioned over 2000 people were mailed the surveys, how many families didn't receive the survey, what is the percentage that didn't participate? Out of these surveys, of 2000 surveys, how many were responded to and how many were not responded to?

Ami Sullivan responded that surveys were mailed, emailed and telephoned to over 2000 families. VMRC served about 16000 families at that time. The number of families that received the survey, 894 families participated either online, through an SMS text response or a telephone interview. Tony Anderson added that RC didn't select the people who received the survey. Ami confirmed that the RC didn't select the people who received the survey.

### **E. Consent Calendar Items - Action**

1. Finance Committee Meeting Minutes of May and June 2023
2. Executive Committee Meeting Minutes of May and June 2023
3. Consumer Services Committee Meeting Minutes of May and June 2023
4. Nominating Committee Meeting Minutes of May 2023
5. Bylaws Committee Meeting Minutes of May 2023
6. Legislative Committee Meeting Minutes of May 2023

Alicia Schott made a motion to approve the consent calendar items. Anthony Owens seconded the motion. Motion passes unanimously.

### **F. Public Comment**

Dena Hernandez, State Council on Developmental Disabilities, North Valley Hills Office shared from the CHOICES Institute, a letter of thanks for the staff support.

Quality Assured Training and Advocates, Tumboura Hill asked if VMRC has a best practice for developing budgets and spending plans for the self determination program. He submitted a couple of 4731 complaints in the program regarding the budget plan. He would like to know if there is a best practice in the self determination program for budgets and spending plans.

Gricelda Estrada – through an interpreter: We are asking that these board meetings are offered via zoom, we cannot interact with the board members via webinar. We need your help for self-determination, we really need your support. We are having difficult issues with FMS, through VMRC, with vendors and having providers. Also, the invoices are being very delayed. I was in a meeting, another meeting, where it was reported that VMRC has only transitioned 92 people to self-determination. Other regional centers have transitioned 100-300 people to the program.

Maribel Falcon - through an interpreter: The first question was I second what Gricelda was saying, we need to chat with the board members. The survey was not satisfactory because 50% did not respond, to me I feel that was not good that the others did not respond.

Liliana Escudero – through an interpreter: As parents, my question is how is our fiscal budget for self-determination going to be resolved. GTI raised their rates so our money is going to be under budget. How is that going to be resolved?

Maria Elena Diaz – through an interpreter: I second what Gricelda and Maribel said. The problem is with self-determination, VMRC is helping us with monitoring and the budget, how are you really taking into consideration the expenses if the problem is with the vendors. Initially it starts with not having enough providers and vendors. Also, the platform that is being used for questions is a little delayed, so that makes you assume we don't have further questions when we do have further questions. I want to reiterate that there is a lot of problems and barriers.

Nancy Avila – through an interpreter: Good evening to everybody. What I am hearing is that self determination is a disaster. My question is that these board members, how can they understand that there has been a change in personnel, in ICC, how is this agency that we know, going to assist us with the self-determination?

Jeannet K – through an interpreter: Good afternoon my name is Jeannet Cardenas. I would like VMRC to have us, as a courtesy vendors. It would be a good idea. That's it, thank you very much.

Erick Thurmond, QATA: Greetings ladies and gentlemen of the board. Is there a plan in place to help these families that are struggling to get into the self determination program?

## **G. Committee Reports**

### **1. VMRC Professional Advisory Committee, Coalition of Local Agency Service Providers (CLASP) Liz Herrera-Knapp**

-Last Meetings:

5/22/23 & 6/26/23

-Voted in our new Slate of Board Officers

i. President- Melanie Gonzales

ii. Vice President- Kirsten Shadman

iii. Treasurer- Tamra Hernandez

iv. Secretary- Chris Martin

v. VMRC Board Rep- Liz Herrera-Knapp

vi. Membership Coordinator- Karyn Gregorius

-By Law Change Proposal present by the committee- changes propose: the mission statement, some language changes and officer term changes. Membership voted in new bylaws and term changes

-CLASP Updated and voted on a new logo

-74 paid members for 2022-2023 year.

-New membership year starts July 1<sup>st</sup>.

-**Provider Conference:** October 4<sup>th</sup> @ the Ag Center 9a-4p 6 CEUs

-Working on speaker bios and finalizing budget

-working on sponsors

-“Moving Forward” is our theme

-Cost at 125 for non members

-95 for members

Next meeting: July 24<sup>th</sup> 10am via zoom

### **2. Self-Determination Advisory Committee (SDAC) Vivian Nicolas**

We had our first in-person annual general meeting in June where we voted in new officers who are as follows:

Vivian David-Nicolas-Executive Chair

Gricelda Estrada-Vice Chair

Lisa Culley-Chair Secretary

Jeff Lazaro-Chair Asst Secretary

There are two agencies providing education, training, and support to those who are transitioning into SD or who want to more about the program. The two agencies are: Adjoin and the ICC (flyers attached in English & Spanish).

Current data on SD for VMRC is as follows:

1) We have 98 participants as of today in SDP (see detailed breakdown below):

98 in SDP (61 male, 37 female)

2) 36 who are working on budgets (including initial and recurring)

3) 33 working on spending plan (that includes initial and recurring)

4) By county: SJ-64, Stanislaus-26, Mountain combined-5. By age: 0-5 years-0%, 6-15 years-33%, 16-23 years-34%, over 24 years-33%.

5) By ethnicity: Hispanic-41, white-29, other-14, African American-8, multiethnic-6.

We anticipate many more to be transitioned in the next several months. We are also prioritizing addressing certain barriers to SDP and will be meeting with executive members later this week along with DDS to discuss these areas and how we can problem solve to prevent such barriers and support more participants in transitioning to SDP. I will continue to be available at future board meetings to provide the members with updates in SDP.

3. Consumer Advisory Council, Self-Advocacy Council Area 6 (SAC6) Crystal Enyeart

SAC6 report to VMRC Board, June 2023

June 1, 2023 - Lisa U. had SAC6 office hours at the Modesto VMRC office.

June 2, 2023 - Sac6 had their Friday Zoom Chat I presented on How to get involved at your Regional Center.

June 7, 2023 - I and other Sac6 members attended the Consumer Services Committee.

June 10, 2023 - Sac6 had their quarterly Board meeting at the Valley CAPS site in Modesto for the first time since COVID. It was so nice to meet in person again.

June 14, 2023 - Sac6 members Catrina and Robert attended the VMRC Legislative Committee.

Also, on June 14<sup>th</sup> Sac6 consultant Lisa attended the VMRC Finance meeting followed by the VMRC Executive committee meeting in person.

June 26, 2023 - Lisa U and Sac6 Chairperson Dena #1 presented at the -VMRC New Staff Orientation Training. Sac6 shared how they can be a resource for the new service coordinators.

June 28, 2023, today Lisa attended the Popplewell committee meeting.

Upcoming events:

June 29, 2023 - Robert and Catrina will be attending the VMRC Legislative committee meeting. Where they will be reviewing slides from a PowerPoint presentation.

June 30, 2023 - Sac6 leadership will be meeting with Executive Director and VMRC Sac6 Liaison for our monthly meeting.

October 7, 2023- VMRC Disability Awareness Fair at the Modesto VMRC parking lot from 11am to 3pm.

Sincerely,

Crystal Enyeart

SAC6 representative to the VMRC Board and Consumer Services.

4. Finance Committee Alicia Schott and Melissa Stiles

a. Approval of Contract Status Reports (CSR) for May and June 2023 brought forth as a motion from the Finance Committee Melissa Stiles Action

Lisa Utsey seconded the motion. The motion was approved unanimously.

b. Approval of Contracts over \$250,000 for May and June 2023 brought forth as a motion from the Finance Committee Alicia Schott **Action**

Linda Collins seconded the motion. Liz Herrera Knapp abstained. The motion was approved.

4. Consumer Services Committee Dr. Suzanne Devitt – The last meeting was June 7, 2023. Best practices in residential care were reviewed. The document will be revised. The meeting minutes are on the VMRC webpage. The next meeting is September 26, 2023.

6. Legislative Committee Lynda Mendoza – They met May 31, 2023 to review the budget after the May revise. They will present it tomorrow, in the Stockton office, in person or on zoom. The report will be posted on the VMRC website.

7. Bylaws Committee Linda Collins – reviewed the proposed changes to the bylaws.

a. Approval of Proposed Changes to Bylaws brought forth as a motion from the Bylaws Committee **Action**

Brandy de Alba seconded the motion. The motion passes unanimously.

8. Nominating Committee Linda Collins

a. Approval of Nominated Board Members brought forth as a motion from the Nominating Committee **Action**

1. Jeff Turner – Lisa Utsey made a motion and Anthony Owens seconded the motion. The motion passed unanimously.

2. Jody Burriss – Alicia Schott seconded the motion. The motion passed unanimously.

b. Approval of Slate of Officers for 2023/2024 Fiscal Year brought forth as a motion from the Nominating Committee **Action**

President, Dr. Suzanne Devitt

Vice President, Brandy de Alba

Treasurer, Alicia Schott

Secretary, Lisa Utsey

Past President, Margaret Heinz

Consumer Services Committee Chair, Jose Lara

Liz Herrera Knapp seconded the motion. The motion passed unanimously.



9. Popplewell Review Team Erria Kaalund – Doug Bonnet reported on behalf of Erria Kaalund. They will meet at 430pm on board meeting days to review distributions and deposits. The current balance is \$12,145.48.

10. DEBI Committee Mark Crear – Mark reported on behalf of Erria Kaalund. Erria requested prayers and support. The committee has started and is in search of a new chairperson. If you are interested, please contact Mark or Dr. Devitt. The next meeting is scheduled for July 17, 630-730pm.

## **H. Executive Director's Report**

### **I. Other Matters**

None.

### **J. Board Member Activities and Reports**

None.

## **K. President's Report**

1. Approval of Board of Directors Meeting Schedule for 2023/2024 brought forth as a motion from the Executive Committee with the change to the June date from June 28 to June 26, 2024 **Action**

Linda Collins seconded the motion. The motion was approved unanimously.

2. Approval of Community Access Specialist Position brought forth as a motion from the Executive Committee **Action** – Brian Bennett reviewed the position and answered questions from the board.

Dr. Suzanne Devitt seconded the motion. The motion was approved unanimously.

3. Approval of Controller Position **Action** Melissa Stiles reviewed the job description for Controller. She answered questions from the board. Alicia Schott made a motion to approve the Controller Position. Brandy de Alba seconded the motion. The motion passed unanimously.

**L. Next Meeting - Wednesday, July 26, 2023, 6:00 PM, Hybrid (In-Person and via Zoom)**

**M. Adjournment at 7:55pm**

# SDP COACHING AT NO COST



The Self-Determination Program provides individuals and their families with more freedom, authority, support, responsibility and confirmation in choosing services and supports to help live a self-determined life.

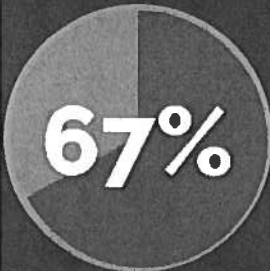
## DID YOU KNOW THAT?



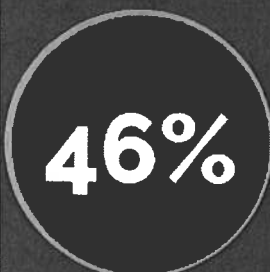
ADULTS DID NOT CHOOSE  
THE AGENCY THAT  
PROVIDES THEM SERVICES



ADULTS DID NOT CHOOSE  
THE STAFF WHO HELP  
THEM EVERY DAY



ADULTS DID NOT CHOOSE  
WHO THEY LIVE WITH



ADULTS DID NOT CHOOSE  
WHERE THEY GO DURING  
THE DAY



Integrated Community  
Collaborative

## UNITING COMMUNITIES PEER TO PEER

### ICC Self-Determination Coaching Program

#### GOAL

The ICC SDP Coaching & Training program is designed to support individuals Peer-to-Peer, to better understand and navigate their SDP journey.

#### COACHES

Each ICC Coach is an Integradora and Independent Facilitator who through lived experience and extensive training can help guide individuals through the different stages of SDP.

Each ICC SDP Coach is:

- ★ Certified Independent Facilitator
- ★ ICC Community Integradora
- ★ Has worked intensively in the statewide SDP implementation
- ★ Many of our coaches are parents of SDP participants.

#### METHODS OF COACHING

There are three main methods to which the coaching will take place:

1. **One on One Coaching:** Advise on how to identify specifics and plan-out the SDP journey.
2. **Small Group Thematic Training:** Trainings on key issues and elements of the SDP program.
3. **Community Social Meetings:** Interact with families through trainings, resources, guest speakers to share ideas.

If you are interested in our coaching,  
Please Register here and we will contact you

<https://bit.ly/ICC-SDP>

or

Call (424) 262-2119 Email: [info@iccintegradora.org](mailto:info@iccintegradora.org)

[www.integratedcommunitycollaborative.org](http://www.integratedcommunitycollaborative.org)

501(c)(3) Organization - EIN: 83-2802825

# ENTRENAMIENTO DE SDP SIN COSTO



El Programa de Autodeterminación brinda a las personas y sus familias más libertad, autoridad, apoyo, responsabilidad y confirmación, en la elección de servicios y apoyos para ayudar a vivir una vida autodeterminada.

## ¿SABIA UD. QUE?

50%

DE LOS ADULTOS NO ELIGEN LA AGENCIA QUE LES PRESTA SERVICIOS

91%

DE LOS ADULTOS NO ELIGEN AL PERSONAL QUE LOS AYUDA DIARIAMENTE

67%

DE LOS ADULTOS NO ELIGEN CON QUIÉN VIVEN

46%

DE LOS ADULTOS NO ELIGEN A DÓNDE IR DURANTE EL DÍA



Integrated Community  
Collaborative

## UNIENDO COMUNIDADES MANO A MANO

### ICC Programa de Entrenamiento de Autodeterminación (SDP Coaching)

#### METAS

El programa ICC SDP Coaching y entrenamiento está diseñado para apoyar a las personas mano a mano, para comprender y navegar mejor su jornada SDP.

#### COACHES

Facilitador Independiente que, a través de la experiencia vivida y una amplia capacitación, puede ayudar a guiar a las personas a través de las diferentes etapas de SDP.

Cada Coach de ICC es:

- ★ Facilitador Independiente Certificado
- ★ integradora Comunitaria de ICC
- ★ Ha trabajado intensamente en la implementación del SDP en todo el estado
- ★ Muchos de nuestros entrenadores son padres de participantes de SDP.

#### MÉTODOS DE ENTRENAMIENTO

Hay tres métodos principales en los que se llevará a cabo la capacitación:

1. Entrenamiento uno a uno: asesorar sobre cómo identificar detalles y planificar la jornada SDP.
2. Capacitación temática en grupos pequeños: Capacitaciones sobre temas y elementos clave del programa SDP.
3. Reuniones sociales comunitarias: interactuar con las familias a través de capacitaciones, recursos y oradores invitados para compartir ideas.

Si está interesado en nuestro entrenamiento, Por favor Regístrese aquí y nos pondremos en contacto con usted

<https://bit.ly/ICC-SDP>

ó  
Llame al (424) 262-2119 Email: [info@iccintegradora.org](mailto:info@iccintegradora.org)

[www.integratedcommunitycollaborative.org](http://www.integratedcommunitycollaborative.org)

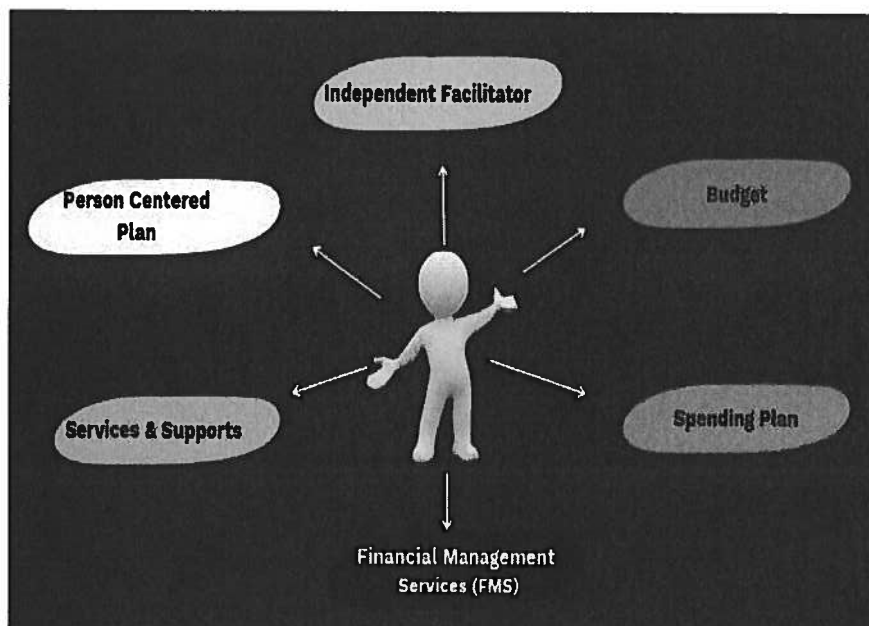
501(c)(3) Organization - EIN: 83-2802825

# SELF- DETERMINATION PROGRAM COACHING MEETINGS



**Join us every 4<sup>th</sup> Thursday of the Month!**

Have questions about the Self-Determination Program? Need support with transitioning into Self-Determination? Want to talk to others who have gone through the process? We are happy to help! Come adjoin us for our weekly coaching meetings to get information and hands on support with your Self-Determination journey! Meetings are free to participants and open to all. Hope to see you there!



## What?

**SDP Zoom Coaching Meetings**

## When?

**4<sup>th</sup> Thursday 3:30pm-4:30pm**

## Where?

**Join Zoom Meeting:**

<https://adjoin-org.zoom.us/j/88145549125?pwd=UVhRd3JZTkhoOaXU3WXRvMnViSjlyUT09>

**Meeting ID: 881 4554 9125**

**Passcode: 448253**

**adjoin** together we ignite possibility

# PROGRAMA DE AUTODETERMINACIÓN REUNIONES DE COACHING



¡Únete a nosotros cada 4º jueves del

mes! ¿Tiene preguntas sobre el Programa de Autodeterminación? ¿Necesita apoyo con la transición a la autodeterminación? ¿Quieres hablar con otras personas que han pasado por el proceso? ¡Estamos encantados de ayudarte! ¡Únase a nosotros en nuestras reuniones semanales de coaching para obtener información y apoyo práctico con su viaje de autodeterminación! Las reuniones son gratuitas para los participantes y abiertas a todos. ¡Espero verte allí!

¿Qué?

Reuniones de  
Coaching de SDP  
Zoom

¿Cuándo?

4º Jueves 3:30pm-  
4:30pm

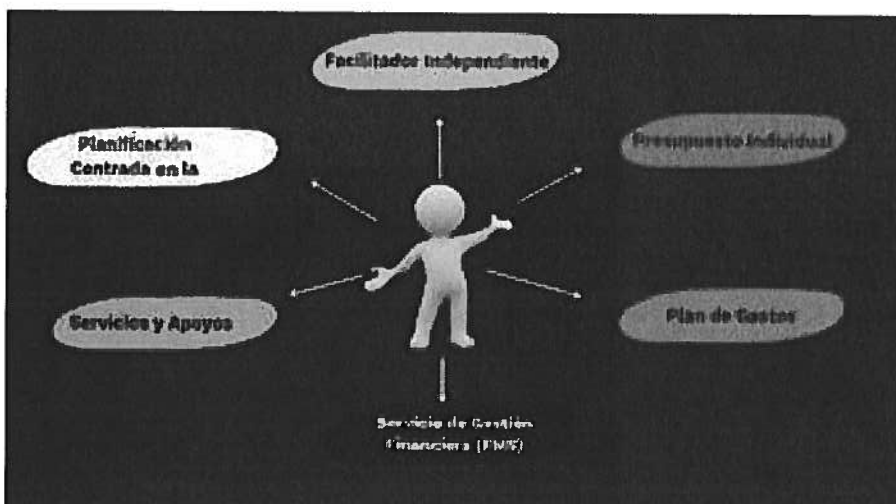
¿Dónde?

Únase a la reunión de  
Zoom:

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ID de reunión: 881  
4554 9125

Código de acceso:  
448253



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ignite possibility