



Valley Mountain Regional Center  
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### Comité de Consejería de Auto-Determinación del VMRC



FECHA: jueves, 17 de octubre de 2024



HORA: 3:30 p.m. o 5:00 p.m.

DÓNDE: en Zoom

Por llamada por Zoom:

<https://us06web.zoom.us/j/89836693761?pwd=ubE5BS8mp3VZ7dGoOdv87u0Gle0WLp.1>

ID de reunión: 898 3669 3761

Código de acceso: 253854

Or call in (audio only): 1-669-900-6833

Phone Conference ID: 898 3669 3761

Código de acceso: 253854

**Por razones de seguridad, debe iniciar sesión en su cuenta de Zoom para acceder a la reunión. Asegúrese de haber iniciado sesión en Zoom antes de hacer clic en el enlace de arriba o ingresar la identificación y el código de acceso.**

*De conformidad con las Secciones 11123.1 y 11125 (f) del Código de Gobierno, las personas con discapacidades que requieren formatos alternativos accesibles de la agenda y materiales de reunión relacionados y / o ayudas / servicios auxiliares para participar en la reunión, deben comunicarse con Dena Hernández en la oficina de SCDD North Valley Hills, 2529 W.*

*March Lane Suite 105 o por teléfono: 209-473-6930 o correo electrónico: [northvalleyhills@scdd.ca.gov](mailto:northvalleyhills@scdd.ca.gov)  
Las solicitudes deben recibirse antes de las 5 p.m., el jueves 10 de octubre de 2024. Hay interpretación en español en todas las reuniones y no requiere una solicitud especial.*



**Valley Mountain Regional Center  
Comité Asesor de Autodeterminación (SDAC)**

**RECORDATORIO de la Ley de Auto-Determinación  
CÓDIGO DE BIENESTAR E INSTITUCIONES Sección 4685.8**

**Función de este Comité**

Cada Centro Regional establecerá un comité asesor local de voluntarios para supervisar el Programa de Auto-Determinación.

El Centro Regional y el Consejo Estatal de Discapacidades del Desarrollo designarán cada uno a la mitad de los miembros del comité.

El comité estará compuesto por el defensor de los derechos de los clientes del Centro Regional, los consumidores, los miembros de la familia y otros defensores, y líderes comunitarios.

La mayoría del comité serán consumidores y sus familiares.

El comité reflejará la diversidad multicultural y el perfil geográfico de la zona de captación.

**El comité revisará el desarrollo y el progreso continuo del Programa de Auto-Determinación, incluso si el programa promueve los principios de autodeterminación y está operando de manera consistente con los requisitos, y puede hacer recomendaciones continuas para mejorar el centro regional y el departamento.**

Estas son reuniones PÚBLICAS, por lo que todos son bienvenidos.

El objetivo de este comité es discutir el  
**Programa de Auto-Determinación**

Esta no es la reunión para preocupaciones / problemas individuales sobre servicios y soportes tradicionales de VMRC. Por favor, póngase en contacto con su Coordinador de servicios para ayuda en inquietudes individuales.

# The 5 Principles of Self-Determination



## Libertad

Usted planifica su propia vida y toma sus propias decisiones, al igual que las personas sin discapacidades son capaces de hacer.

## Autoridad

Usted decide cómo se gasta el dinero para sus servicios y apoyos.

## Apoyo

Usted elige a las personas y los apoyos que lo ayudan a vivir, trabajar y jugar en su comunidad.

## Responsabilidad

Para tomar decisiones en su vida, para ser responsable del uso del dinero público y para aceptar su valioso papel en la comunidad.

## Confirmación

Usted es la persona más importante al hacer planes para su vida. Usted es el que toma las decisiones sobre sus servicios.



Valley Mountain Regional Center  
Comité de Consejería de Auto-Determinación (SDAC)  
17 de octubre del 2024  
3:30pm-5:00pm

### AGENDA

**\*\*Esta reunión se llevará a cabo en español con interpretación en inglés. Una vez que se una a la reunión, busque el ícono del globo terráqueo en su barra, toque el ícono y seleccione si desea escuchar español o inglés\*\***

**Punto 1: Llamar a la Reunión al Orden – Gricelda Estrada- vice presidenta**

**Punto 2: Introducciones-** Los miembros del comité serán presentados mediante pase de lista, bienvenidos a los nuevos miembros. Los invitados públicos pueden poner su nombre en el chat.

**Punto 3: Establecer Quórum-** Gricelda Estrada- vice presidenta

**Punto 4: Aprobación de la Agenda del día-ACCIÓN-** Gricelda Estrada- vice presidenta

**Punto 5: Propuesta de Proyecto de Apoyo a la Autodeterminación de la ICC-ACCIÓN-Lisa-** vota sobre la propuesta en el paquete que se presentó en la reunión de agosto. Consulte el resumen de la propuesta adjunto para obtener detalles adicionales.

**Punto 6:** La solicitud para que VMRC SDAC financie las tarifas de inscripción de los miembros del comité para la Conferencia DVU del viernes 8 de noviembre de 2024- **ACCIÓN-Karen-**sería para tarifas de inscripción, no para transporte ni alojamiento.

**Punto 7:** Presentación del plan maestro por Víctor Durón y Fernando Gómez-1 hora (presentación de 45 minutos con 15 minutos para preguntas)

**Punto 8: Comentario Público-** *Este artículo es para que los miembros del público comenten y/o presenten información al SDAC de VMRC. Cada persona tendrá hasta tres minutos para hablar, pero si necesita un intérprete hasta seis minutos. Las solicitudes por escrito, si las hubiera, se considerarán primero.*

*El VMRC SDAC también proporcionará comentarios públicos, que no excedan un total de siete minutos, para comentarios públicos antes de la acción sobre cada tema de la agenda.*

**Punto 9: Actualización sobre el Programa de Auto-Determinación-Información-** El personal de VMRC proporcionará actualizaciones al comité. ¿Cuál es el plan para estructurar la unidad VMRC SDP para mantener la continuidad y minimizar los retrasos en la prestación del servicio?

**\*\*Casa abierta para la nueva oficina de VMRC en Tracy, 29 de octubre de 2024, de 11 a. m. a 1 p. m.**

**Punto10: Auto-Determinación-Discusión-Comité asesor y personal de VMRC-**Tiempo para que los miembros del comité o el personal de VMRC compartan cualquier problema, pregunta o historia de éxito con respecto a la Auto-Determinación, o anuncios de próximas capacitaciones u oportunidades para los participantes.

• Nos gustaría saber de qué FMS nuestro comité quiere escuchar para poder comunicarnos y tal vez ser un orador invitado en uno de nuestros eventos y estar abiertos a una sesión de preguntas y respuestas; queremos ser conscientes de que esto no está abierto a clientes personales. experiencias, ya que queremos proteger la privacidad, pero cuál es la mejor manera de superar las barreras, en general, y trabajar juntos para resolver los problemas. Tenga esta información para discutirla en la reunión de noviembre.

**Únase al VMRC SDAC en Facebook:**

<https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc>

**SCDD SDP Orientación:** <https://scdd.ca.gov/sdp-orientation/?fbclid=IwAR3BNnHWCWlv4gwgXdXgYxfcHubPZnVuJ4KF6hyrpV5bREdsl-8lxZFJdSY>

**Punto 11: Próxima Reunión:** La próxima reunión está prevista para el jueves 21 de noviembre de 2024, de 15:30 a 17:00 horas.

Las reuniones de VMRC SDAC se llevan a cabo mensualmente el tercer jueves, de 3:30 p. m. a 5:00 p. m. Se puede asistir a las reuniones virtualmente a través de Zoom. Para las reuniones, el enlace de Zoom es el mismo todos los meses.

**Punto 12:** Se levanta la sesión.





**Valley Mountain Regional Center Self Determination Advisory Committee  
Special Events WORKGROUP  
Report from 9/26/24 Meeting**

**Comité Asesor de Autodeterminación del Centro Regional Valley Mountain  
Eventos Especiales GRUPO DE TRABAJO  
Informe de la reunión del 9/26/24**

- This workgroup discussed the upcoming October 12, 2024 VMRC Disability Resource Fair. The VMRC SDAC will have a resource table at the event. The volunteers for the table will be Michele Poaster-VMRC, Mary & Karen Bonacci from the VMRC SDAC. The table will be near SCDD & FRN who can help if need be.

Este grupo de trabajo discutió la próxima Feria de Recursos para Discapacidades de VMRC del 12 de octubre de 2024. El VMRC SDAC tendrá una mesa de recursos en el evento. Los voluntarios de la mesa serán Michele Poaster-VMRC, Mary y Karen Bonacci del VMRC SDAC. La mesa estará cerca de SCDD y FRN, quienes pueden ayudar si es necesario.

- Independent Facilitator Training- discussion about a possible proposal from ASLA was briefly discussed. This discussion will be talked about at the November VMRC SDAC full committee.

Capacitación de facilitadores independientes: se discutió brevemente una posible propuesta de ASLA. Se hablará de esta discusión en el comité completo del VMRC SDAC de noviembre.

- VMRC SDAC 1<sup>st</sup> Self Determination Resource Fair was the discussed the remainder of the workgroup. Volunteers for the following areas were determined: Marketing, Food, SWAG for table, FMS invites, Vendor Tables, Speakers & Entertainment. Discussion about hiring someone with self determination dollars to run the conference was discussed and will be brought to the full committee. If anyone would like to join this Planning Team for the Resource Fair- please let Vivian know. The SAVE the DATE for the event in English & Spanish will be done by Dena and sent out to all.

La primera feria de recursos de autodeterminación de VMRC SDAC fue lo que se discutió durante el resto del grupo de trabajo. Se determinaron voluntarios para las siguientes áreas: marketing, comida, SWAG para la mesa, invitaciones de FMS, mesas de proveedores, oradores y entretenimiento. Se discutió la posibilidad de contratar a alguien con dinero para la autodeterminación para dirigir la conferencia y se presentará al comité en pleno. Si alguien desea unirse a este equipo de planificación para la Feria de Recursos, hágaselo saber a Vivian. Dena guardará la FECHA para el evento en inglés y español y lo enviará a todos.

- The dates for the next workgroup for the SD Resource Fair meetings will be:

**October 24, 2024 3:30pm-**

Join Zoom Meeting

<https://us02web.zoom.us/j/88402204885?pwd=76uChPJmma7lLmBdMcagdKf1EpG3bX.1>

Meeting ID: 884 0220 4885

Passcode: 866496

\*\*\*\*\*



**January 23, 2024 3:30pm**

**February 27, 2024 3:30pm**

**March 27, 2024 3:30pm**

Join Zoom Meeting

<https://us02web.zoom.us/j/89130707696?pwd=beLU9KyXxGivAebpsqT HDapta0Sqa.1>

Meeting ID: 891 3070 7696

Passcode: 206816

It will be one zoom link for October and then one link for Jan, Feb & Mar 2025. There will be English & Spanish interpretation at the workgroup meetings. The workgroup is open to all- **REMINDER- the workgroup is to discuss the VMRC SDAC Self Determination Resource Fair until the event occurs on April 28, 2025.**

Las fechas para el próximo grupo de trabajo para las reuniones de la Feria de Recursos de SD serán:

24 de octubre de 2024 15:30-

Únase a la reunión de Zoom

<https://us02web.zoom.us/j/88402204885?pwd=76uChPJmma7ILmBdMcagdKf1EpG3bX.1>

ID de reunión: 884 0220 4885

Código de acceso: 866496

\*\*\*\*\*

23 de enero de 2024 15:30

27 de febrero de 2024 15:30

27 de marzo de 2024 15:30

Únase a la reunión de Zoom

<https://us02web.zoom.us/j/89130707696?pwd=beLU9KyXxGivAebpsqTH Dapta0Sqa.1>

ID de reunión: 891 3070 7696

Código de acceso: 206816

Habr  un enlace de zoom para octubre y luego un enlace para enero, febrero y marzo de 2025. Habr  interpretaci n en ingl s y espa ol en las reuniones del grupo de trabajo. El grupo de trabajo est  abierto a todos. RECORDATORIO: el grupo de trabajo debe discutir la Feria de recursos de autodeterminaci n de VMRC SDAC hasta que el evento ocurra el 28 de abril de 2025.

DRAFT





## Nuestra visión para el plan

- Un plan para el futuro de servicios de discapacidad de desarrollo para proveer equidad y consistentes servicios accesibles para todos californianos con discapacidades de desarrollo.
- Un plan creado con y por nuestro comité atreves el estado, incluyendo miembros de la familia, proveedores de servicio, expertos en política, y personas con discapacidad de desarrollo.
- Nuestra meta es para marzo 2025 tener un plan con recomendaciones para mejorar servicios de desarrollo desarrolló atreves del estado de California.



## **Comprometidos a la equidad**

- Nosotros estamos comprometidos que el plan maestro se comprometa a la equidad y las experiencias vividas por los individuales y sus familias.
- Estamos desarrollando herramientas y estrategias para apoyar equidad atreves toda prioridades y recomendaciones dentro del plan maestro.
- Tenemos un equipo de expertos sobre equidad y equidad comunitaria dirige los pasos para apoyar este esfuerzo.
- Buscamos tener esas conversaciones y aportó de comunidades históricamente no representadas e marginado.

## Nuestro trabajo hasta ahora



MASTER PLAN *for*  
Developmental Services

El comité se ha reunido 6 veces y platicado sobre lo siguiente:

- Nuestros valores compartidos y visión para todo Californiano con discapacidad de desarrollo.
- Que significa equidad para nosotros y aportar ideas de como vamos a manejar equidad en nuestro plan.
- Creamos grupos de trabajo para desarrollar recomendaciones para el plan maestro con 5 áreas de concentración.
- Empezamos a revisar posibles prioridades y recomendaciones para que los revise los grupos de trabajo.

Documentos de resumen para esta discusión disponible:

[www.chhs.ca.gov/home/master-plan-for-developmental-services/](http://www.chhs.ca.gov/home/master-plan-for-developmental-services/)

Documentos pueden ser disponibles en otros idiomas por solicitud.

## Preguntas y aporte



**MASTER PLAN** *for*  
Developmental Services

**Grupo 1:** Sistema de servicios centrado en la persona en la que podemos confiar.

**Grupo 2:** Oportuno, inclusivo, y servicios fluidos a través todos los sistemas de servicio.

**Grupo 3:** Servicios de alta calidad, estables, y fuerza laboral centrados en la persona.

**Grupo 4:** Consistente, transparente, e responsable, impulsado por datos, enfoque en los resultados.

**Grupo 5:** Servicios por vida con recursos adecuados

- *¿Como fue su experiencia cuando trato de entrar al programa de autodeterminación (SDP)?*
- *¿Qué le ayudaría usar el programa y obtener más éxito en el programa SDP, especialmente para las comunidades menos representadas?*
- *¿Qué podemos hacer para asegurarnos que ofrecemos los mejores servicios para los proveedores de SDP?*
- *¿Qué datos nos hace falta para mejorar los resultados para SDP?*
- *¿Qué más podemos hacer para mejorar SDP?*



# ¡Muchas gracias!

Visite nuestra página de web para fechas y horario de grupos de trabajo y comité:

[www.chhs.ca.gov/home/master-plan-for-developmental-services](http://www.chhs.ca.gov/home/master-plan-for-developmental-services)

Envíenos su aporte aquí:

[DSMasterPlan@chhs.ca.gov](mailto:DSMasterPlan@chhs.ca.gov)







**Date:** September 09, 2024

**To:** LVAC, VMRC & Proposal Screening Committee Members

Dear Committee Members,

We are pleased to submit our attached SDP proposal for your review and consideration. We recognize the critical importance of the Self-Determination Program (SDP) for all participants and their support systems, and we are eager to be continuing to be part of the solution that helps our community effectively engage with and thrive within SDP. We understand the complexities and challenges involved in launching and expanding such an initiative. ICC has devoted significant time and effort to understanding these challenges, with many of our members already active participants in SDP.

As an organization that has been deeply engaged with SDP since 2013, we have developed a comprehensive understanding of the steps and elements required to transition families from the traditional service system to SDP. Our strength lies in our perspective as part of the very community SDP is designed to serve. We prioritize Person-Centered Thinking in all our planning and ensure that our strategies remain truly person-centered. We believe that sustainable results are achieved through building relationships, providing continuous support, and guiding families through peers who not only relate to them but also understand how to navigate these new opportunities. Furthermore, as we help families transition to SDP, we make sure to address potential disparities by identifying and mitigating barriers and roadblocks, thus creating a more efficient and equitable navigation process and outcome.

### **Demographic Data and Relevance to VMRC Catchment Area:**

The Latino community within the VMRC catchment area represents the largest ethnic group served by the regional center and is the most impacted by service disparities. According to the 2020 census, Stockton is composed of **over 45%** Hispanic/Latino. Of the approximately 21,700 individuals served by VMRC 39% are Hispanic/Latino and the next highest group served is White (non-Hispanic) at 29%. Most individuals served by VMRC identify as Hispanic/Latino, yet this group is the least represented in SDP and remains the largest group expressing interest in participating in SDP. This highlights a critical need for targeted outreach and support to ensure equitable access to the program. Our proposal focuses on engaging the Latino community, ensuring that our coaching, training, and support services are culturally relevant, linguistically appropriate, and specifically designed to address the unique challenges faced by our families.

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3647 WATSEKA AVE, LOS ANGELES CA, 90034

[www.integratedcommunitycollaborative.org](http://www.integratedcommunitycollaborative.org)  
(424) 262-2119 - 501(C)(3) EIN: 83-2802825



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**INTEGRADORAS**

**COMMUNITY OUTREACH PEER-TO-PEER**

My Son is now entering his 4<sup>th</sup> year in SDP and I have had the privilege of serving as a delegated member of the SDP Committee at WRC since its inception. One of our ICC staff members, who is also a Self-Advocate, has been appointed to the State SDP Committee. As IF trainers, we ensure that our staff stays up to date on all new directives and developments. We are working closely with DDS on the new soon-to-be-released IF Certification program, allowing us to stay abreast of rapid developments and ensure that the families we support benefit from our advocacy and up-to-date information. In addition, SB 1281 (Menjivar), the SDP Bill, which we co-sponsored with our sister organization DVU, has passed unanimously through the legislative process and is now awaiting Governor Newsom's signature. Furthermore, three members of our ICC leadership have been appointed to the CalHSS Master Plan on Developmental Disabilities.

For the initial ICC SDP 1:1 Coaching grant we overdelivered. We had committed to impact up to 48 individuals and Coached 73. We are grateful for the opportunity to collaborate with you once again on this critical and timely effort to help families transition to SDP.

Please find our proposal based on our previous 1:1 SDP Coaching as well as our new Project Expressway where we are looking to collaborate with your Committee and VMRC in creating a case study that can be scalable and implemented statewide.

We request the flexibility to revise our proposal as needed, subject to mutual agreement by both parties. Additionally, ICC offers SDP Independent Facilitator services, including Person-Centered Plan (PCP) creation, and reserves the right to provide such support to families who request it. We understand that the choice will always lie with the families, and they will be presented with various options to choose from.

In this collaboration, we also look forward to working closely again with VMRC and the LVAC SDP Committee to introduce families to this project and promote our partnership as effectively as possible.

Thank you for your consideration and the opportunity to collaborate on this initiative. We are eager to work with you to make a meaningful impact through this project.

Respectfully,

Elizabeth  
Elizabeth Barrios Gomez  
Executive Director / Co-Founder  
[elizabeth@iccintegradora.org](mailto:elizabeth@iccintegradora.org) 310.871.5080

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## ICC VMRC LVAC 1:1 SDP Coaching Proposal 2024

### Organization Overview:

- **Name:** Integrated Community Collaborative (ICC)
- **Structure:** ICC is a 501(c)(3) organization in good standing with the state, including liability insurance. We are home to the Community Integradoras, composed of Parents and Self-Advocates who engage with families on a peer-to-peer basis. Our objective is to help individuals navigate systems of support with cultural humility, empathy, and validation through lived experiences and extensive training.
- **Team:** Currently, we have 22 staff members.
- **Reach:** We assist approximately 6,000 families in navigating systems of support within 21 regional center catchment areas
- **Dedicated Team:** A dedicated team will be assigned specifically for this project.
- **Project Focus:** Empowerment Community Group Thematic Trainings & 1:1 Implementation Coaching based on the Integradora outreach model, which emphasizes building relationships with families and guiding them step-by-step to access systems of support equitably.

### Experience and Qualifications:

- **Addressing Disparities:** ICC was founded six years ago to address disparities within the regional center system in California. For the past five years, we have partnered with VMRC to identify barriers and roadblocks experienced by families to achieve equity and equality.
- **Lived Experience and Training:** Every ICC member is a Parent or Self-Advocate with lived experience and extensive training to help families effectively navigate complex systems. Our efforts are relationship-based and designed to integrate seamlessly into the system of support.
- **Over-Delivering on DDS Grants:** As participants in the DDS Service Access & Equity (SAE) Grant, we have consistently exceeded established measures and metrics and are continuing the project for a fifth year, which includes our collaboration with VMRC.
- **Deep Understanding of SDP:** Many of our Integradoras are currently in the Self-Determination Program, and all have undergone extensive training, including as



Independent Facilitators. Additionally, ICC provides IF training and is working closely with DDS on SDP-focused efforts, including the upcoming IF Certification program.

- **Preparing for the Future Today:** To help SDP grow and succeed, we are introducing **Project Expressway**. Project Expressway is designed to engage with all stakeholders (Families, Regional Centers, FMS & DDS) to expedite the transition process to SDP. Our goal is to help families enter SDP within 60 days of starting the process. To support the growing need for Independent Facilitators, we are also introducing **CALIF - The California Association of Latino Independent Facilitators**. CALIF will be a hub for support, mentorship, training, and resources for individuals providing Independent Facilitator services.

### **Person-Centered Planning Experience:**

- **Person-Centered Plan Development:** Currently assisting over 125 families with creating their Person-Centered Plans (PCPs); 50 of these plans are ready to transition into SDP. We have helped several hundred participants migrate to SDP and many are already several years in.
- **Training and Resources:** Conducted numerous trainings in both English and Spanish, focusing on person-centered planning from a family/client perspective. In addition, we have created a system of communication where we can efficiently and effectively share and train with participants new directives, guidelines and policy as it is introduced.
- **Network and Recruitment:** We have established a statewide network of community organizations and entities interested in providing SDP services. ICC by design has established a collaborative network that we engage with includes our sister organization DVU and other key stakeholders to include Disability Rights California (DRC) which this year we Co-Sponsored AB 1876 (Jackson) the remote access bill, State Council on Developmental Disabilities (SCDD), Department of Developmental Disabilities (DDS), Public Counsel and CalHSS.

### **Proposed Scope of Work**

#### **1:1 Coaching**

- **Objective:** Provide 1:1 coaching up to 63 Spanish-speaking SDP participants.
- **Approach:** An average of 4 one-on-one (1-hour) interactions per participant, supported by community Zoom meetings and smaller training sessions.
- **Rate:** \$100 per hour per coaching session.



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## **INTEGRADORAS** COMMUNITY OUTREACH PEER-TO-PEER

- **Projected Hours:** 250
- **Coaches:** 4 coaches, each serving 20 families.
- **Projected Cost:** \$25,000

### **SDP Empowerment Community Group (ECG) Thematic Training/Meetings**

- **Format:** Up to 15 bi-weekly (2-hour) sessions via Zoom, emphasizing interactive dialogue. These sessions provide a platform for participants and individuals interested in SDP to ask questions and learn from each other in a community setting.
- **Participation:** Average of 25 individuals per session.
- **Total Sessions:** 15
- **Projected Participants:** 375
- **Projected Hours:** 30 hours at \$200 per hour (\$400 per session).
- **Projected Cost:** \$6,000

### **Key Areas of Coaching and Training:**

1. SDP Initial Meeting & Assessment
2. Choosing the Right Independent Facilitator
3. Understanding Your PCP Experience
4. PCP Document Creation and Revisions
5. Budget Development and Certification
6. Addressing Unmet Needs and Changing Circumstances
7. Navigating Regional Center Roles
8. Choosing the Right FMS
9. Implementing and Managing Your SDP Plan
10. Recruiting and Hiring Employees
11. Backup Staffing Plans
12. Accessing Resources and Support Networks
13. Conflict Resolution Strategies

### **Project Implementation: Outreach / Data Collection**

- **Tasks:** Coordination, Data Collection, Outreach.
- **Hours Projected:** 80
- **Rate:** \$50 per hour
- **Total Cost:** \$4,000



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**INTEGRADORAS**

COMMUNITY OUTREACH PEER-TO-PEER

## **1:1 ICC SDP Coaching Proposal Summary**

- **1:1 Coaching:**
  - Projected Impact: 63 Families
  - Targeted Sessions: 250
  - Projected Cost: \$25,000
- **SDP Empowerment Community Group Thematic Training/Meetings**
  - Projected Impact: 375 participants
  - Projected Sessions: 15
  - Projected Hours: 40 Hours
  - Projected Cost: \$6,000
- **Project Implementation:**
  - Targeted Hours: 80
  - Projected Cost: \$4,000
- **Total Amount Proposed: \$35,000**

Thank you for the time and consideration.

“Once social change begins, it cannot be reversed. You cannot un-educate the person who has learned to read. You cannot humiliate the person who feels pride. You cannot oppress the people who are not afraid anymore.” Cesar Chavez



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**INTEGRADORAS**

COMMUNITY OUTREACH PEER-TO-PEER

**Project Expressway**  
Expediting the SDP Process

ICC is committed to helping VMRC families access the Self-Determination Program (SDP) as quickly and efficiently as possible, recognizing the significant number of families still waiting to receive essential services. The "Expressway" initiative is our solution to streamline the process, enabling families to **complete the entire SDP journey—from onboarding to transition—within 60 days.**

**Project Expressway offers several key benefits through collaborative efforts:**

1. **Established Community:** An established database of families who have attended presentations, community interactions and access to resources and are ready to migrate onto SDP.
2. **Advanced CRM and Data Collection:** Our state-of-the-art CRM system enables efficient data collection and analysis, allowing us to track key metrics, monitor progress, and tailor our services to better meet the needs of the community.
3. **Accelerated SDP Onboarding:** By fostering collaboration between all stakeholders, Project Expressway speeds up the Self-Determination Program (SDP) onboarding process, reducing waiting times and enabling families to access essential services more quickly.
4. **Streamlined Navigation:** Through a collaborative approach, the project provides a simplified platform that makes it easier for families to navigate the complex service systems. This ensures that they can efficiently find and utilize the resources they need.
5. **Enhanced Efficiency:** With the integration of technology and cooperation among stakeholders, Project Expressway reduces manual efforts and operational overhead, allowing staff to focus more on directly supporting families rather than administrative tasks.
6. **Increased Access:** By broadening community outreach through joint efforts, the project enables more families to participate in SDP and receive the support they require.
7. **Empowered Families:** Collaboration ensures that families receive faster access to services and clearer guidance, making them feel more supported and empowered in their journey, leading to better outcomes for their loved ones.



**Scalability:** The collaborative nature of Project Expressway allows for its approach to be scaled effectively, accommodating a large number of new participants and making it a sustainable solution for long-term growth and impact.

We are requesting the VMRC SDP LVAC to allocate \$50,000 to as a key collaborating Regional Center in the rollout and implementation of Project Expressway. This strategic partnership offers a unique opportunity for ICC, LVAC and VMRC to develop a comprehensive best practices case study that can be replicated across other catchment areas, setting a new standard for SDP transitions.

**1. Expedited SDP Transition:**

- **Accelerated Onboarding:** By integrating VMRC into Project Expressway, we can significantly reduce the time it takes for families to transition into SDP.
- **Streamlined Processes:** Project Expressway introduces automated and efficient procedures that simplify the complexities of SDP enrollment.

**2. Enhanced Family Experience:**

- **Personalized Support:** Our 1:1 coaching model ensures that each family receives individualized guidance tailored to their specific needs and circumstances.
- **Reduced Stress and Anxiety:** With a dedicated coach guiding them through each step, families will experience less stress and anxiety during the transition.

**3. Development of Best Practices:**

- **Innovative Case Study:** The collaboration between ICC and VMRC will result in the creation of an innovative best practices case study. This document will serve as a valuable resource for other Regional Centers.
- **Scalable Solutions:** The insights gained from this project will enable us to develop scalable solutions.

**4. Culturally Relevant Support:**

- **Inclusive Services:** Our program is designed with a strong emphasis on cultural and linguistic relevance.
- **Community Engagement:** By actively engaging with the diverse communities within the VMRC catchment area, we can better address the unique needs and concerns of these families.

**5. Scalability and Impact:**

- **Statewide Model:** The successful implementation of Project Expressway within VMRC will provide a blueprint for other Regional Centers to follow.





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## INTEGRADORAS

### COMMUNITY OUTREACH PEER-TO-PEER

- **Long-Term Benefits:** The improvements made through this project will have lasting effects.
- 6. **Increased Collaboration and Knowledge Sharing:**
  - **Strengthened Partnerships:** This initiative will foster stronger collaboration between ICC, VMRC, and other stakeholders, creating a more cohesive and coordinated approach to SDP implementation.
  - **Knowledge Exchange:** The project will facilitate the exchange of knowledge and best practices between Regional Centers, service providers, and families.
- 7. **Improved Outcomes for Individuals with Disabilities:**
  - **Empowered Individuals:** By making self-determination the core of the DD system, this project will empower individuals with disabilities to have greater control over their lives and the services they receive.
  - **Equity in Service Delivery:** The focus on ensuring equity of access and options within VMRC services will help to address and reduce disparities.

**Requesting Amount: \$50,000**

“To make a great dream come true, the first requirement is a great capacity to dream; the second is persistence.” César Chávez

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