





## VMRC Self Determination Advisory Committee Meeting Minutes-August 15, 2024

## VMRC SDAC Members - Present

Karen Bonacci (FA) Mary Bonacci (SA) Jeannet Cardenas (FA) Lisa Culley (FA)-secretary Vivian David Nicolas (FA)-chair Gricelda Estrada (FA)-vice chair Mariela Ramos (FA) Arely Solano (FA) Colleen Yoder -DRC/OCRA

## VMRC SDAC Members- Absent

John Forrest (FA)

SA=Self Advocate FA=Family Advocate

## Interpreters

Irene Hernandez-Zoom

## State Council on Dev. Disabilities

Chanel Murray, North Valley Hills Office

## Public Guests who identified

**Carolina Arzate-ICC** Maria Elena Diaz Oscar Mercado Monica Stelmack- Wide Horizons Chelsea- ADJOIN Tumboura Hill Silvia Esquivel Ernesto Diaz Aguilar Anita Hurtado Mari Siena James Ford, DDS Lee Cha, DDS Rubi Saldana, ICC Elizabeth Gomez, ICC Fernando Gomez, ICC Iris Calles Samantha Husman Ana Soto Handforth PC Clerk Dora Contreras, ICC Bertha Villa Syam, ICC Blanca Mercado Maria Y AA CC, Kim Sinclair, ASLA

## VMRC Staff

Liz Diaz, SDP Program Manager (In person) Michele Poaster, Participant Choice Specialist Mari Bel Trujillo, Participant Choice Specialist Cristina Torres-Financial Controller Cindy Strawderman, Admin Support Manager Item 1: Call Meeting to order- Vivian Nicolas, called the meeting to order at 3:38pm.

**Item 2: Introductions-** Committee members and public members introduced themselves. Irene Hernandez provided interpretation services via Zoom.

Item 3: Establish Quorum-Quorum was established.

**Item 4: Approval of the Agenda-**motion to approve the agenda was made by Mary (2<sup>nd</sup> by Gricelda). Motion passed unanimously.

**Item 5: Approval of the Minutes from July 18, 2024-**Motion to approve the minutes was made by Vivian (2<sup>nd</sup> by Jeannet). Motion passed with abstentions from Karen and Mariela.

#### Item 6: VMRC SDAC Chair Report- information-Vivian

• Vivian announced that SDAC members are able to be re-imbursed for mileage when traveling for SDAC related events, meetings, or trainings.

• Qlarant, the company who received funding from DDS to develop IF training modules, has created workgroups to provide feedback on the modules in development.

• Action item-hold SDAC meeting virtually going forward. The exception would be for the annual meeting in June, which will be held in person. Jeannet made the motion (2<sup>nd</sup> by Gricelda). Motion passed with one vote opposing.

• Vivian also invited all to attend the workgroup meetings, you do not need to be on the committee to attend.

If there are any issues that members would like brought to the next meeting, please send them to Vivian <u>Vivian\_nicolas@yahoo.com</u>

#### Item 7: Public Comment

- Kim Sinclair, from Autism Society of LA, wanted members to know that ASLA provides IF trainings.
- Gricelda-Westside LVAC is writing a letter to GT FMS regarding concerns over long wait times, no call backs, and no problem resolution. If any persons in our area is having problems with GT, please contact Elizabeth Gomez, Gricelda, or Dora.
- Vivian-Change in FMS rates, DDS has published rate list, but FMS are charging "hidden" rates or the listed rates are not adhered to by FMS companies.
- Fernando-announced he is on the workgroup for the CA Masterplan. He offered to have Victor Duron present at a future meeting on the Masterplan details.
- Handforth PC-How do you plan to promote the SDP to better cover the area and reach out to numerous individuals?
- Tumboura-described Mains'l "center on me" program that develops yearly PCPs through a subscription model. Julie Stone is the Mains'l representative who can do presentations on the "Center on Me" program. Asked if our committee has reached out to local Chambers of Commerce.
- VMRC Resource Fair to be held on October 12, 2024, at the Stockton Office.

#### Item 8: VMRC Update-Liz provided data for VMRC

• See attached report at end of meeting notes of the data from VMRC.

• Internal changes-For initial spending plan, if it comes from a FMS, VMRC will accept the plan. If any changes need to be made, they will need to be made on VMRC form.

 Personnel changes-Deanna Wageman will be transferring to an intake team. Liz will be transferring to a children's team. She does not have a start date but will support the SDP team until another manager is assigned. DDS is asking for a report for information on capacity building for vendors.

**Item 9: Special Events Workgroup-** Met on July 25, 2024. The workgroup committee brings the following recommendations to the full committee for discussion/action:

**#1 recommendation**: Vivian motions (2<sup>nd</sup> by Lisa) to prepare an RFP for an IF Training for early 2025. This training will be about 8 hours and give information on the roles and responsibilities of an IF. The training will be geared toward those who may want to become an IF or those who want to know more about what an IF does. Motion passed unanimously.

**#2 recommendation**: Vivian motions (2<sup>nd</sup> by Mariela) to host a community outreach SDP resource and information fair for April 2025. The event will provide a SDP orientation, resources, vendor, IFs, FMS, DDS and more. Motion passed unanimously.

The next Event Workgroup meeting is on Thursday, September 26, 2024, from 3:30-5pm, on Zoom.

#### Item 10: Statewide Self Determination Advisory Committee (SSDAC)-

- Vivian is participating in a workgroup that is looking at barriers in communities underserved in SDP.
- September 10, 2024, starting at 10:30am, the SSDAC is hosting a showcase presentation by DVU and a leader training on the roles and responsibilities of membership in a LVAC.
- Next SSDAC will be sometime in December.

**Item 11: ICC Support Project Report**-Fernando Gomez presented on a new project ICC is offering, called CALIF. The proposal will be in the SDAC board packet for September. Please review the information, as it will be a discussion/action item on September's agenda.

**Item 12: Adjoin Support Project Report-** Adjoin Chelsea reported that Adjoin as of the start of the project in 2021 they have 53 referred for transition supports, 6 currently in process of transition, 17 that have fully transitioned, 1 who moved out of the area, 1 decided to wait, 9 who have withdrawn- reasons too difficult, personal reasons or needs are being met thru traditional services, 19 who have not responded to initial outreach. We still host the 4<sup>th</sup> Thursday 3pm-4pm coaching call on zoom.

**Item 13**: **VMRC SDAC Membership Update**: Lisa reported that there are still openings for members in Amador and Tuolumne counties. There is a parent from Calaveras who applied, and their application is awaiting approval from SCDD.

**Item 14: Discussion Issues-**Elizabeth Gomez explained that each one number served in their support project, there were several touch points with that individual.

Item 15: Next meeting-October 17, 2024, 3:30pm-5pm on Zoom.

#### Item 16: Meeting Adjourned 5:00pm

Respectfully submitted by Lisa Culley

## Join the VMRC SDAC on Facebook:

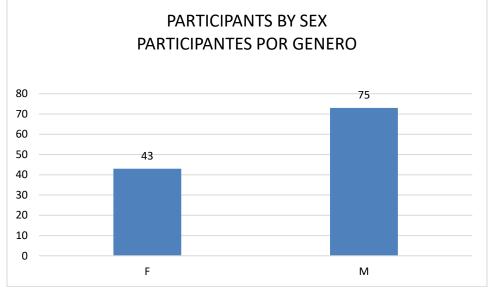
https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc

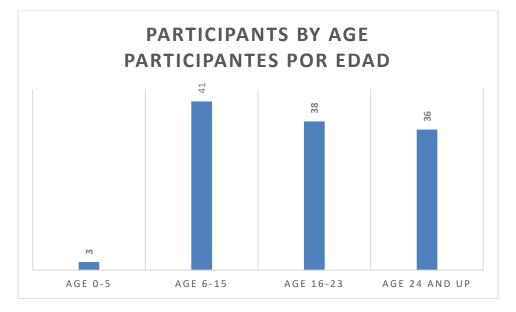
## **SCDD SDP Orientation:**

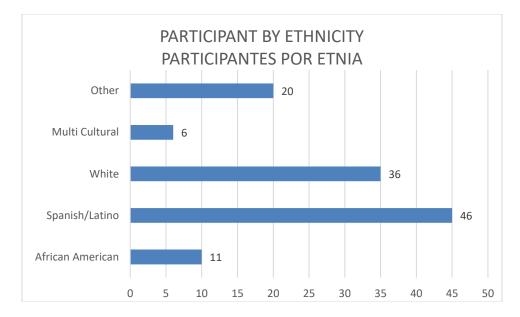
<u>https://scdd.ca.gov/sdp-</u> orientation/?fbclid=IwAR3BNnHWCWIy4gwgXdXgYxfcHubPZnVuJKF6hyrpV5b REdsi-8IXZFJdSY</u>

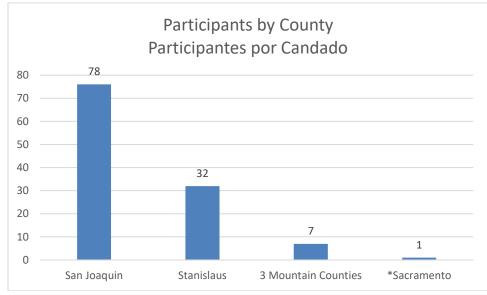
# August 2024 - LVAC Report- Elizabeth Diaz-VMRC 118 Participants

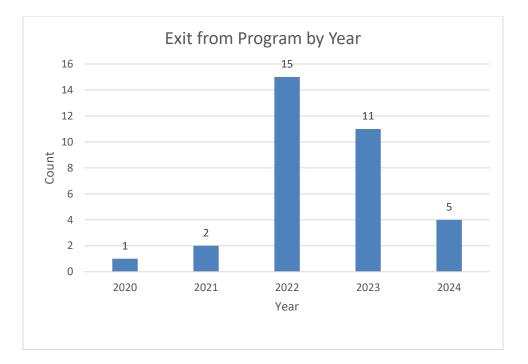
As of August, 2024, and includes people starting in July Any category with a count of 0-4 will be reported as "other" to ensure confidentiality











Started the Process and never made it / Inicié el proceso y nunca lo	count /	
logré.	número	comment / comentario
	12	decided SDP was not for them / decidió SDP no era para ellos
	2	had issues with FMS / tuvo problemas con FMS
	3	moved to different RC / movido a diferente RC
	1	moved out of state / se mudó fuera del estado
	1	needed vendor services /servicios de proveedor necesarios
	5	process too involved / proceso demasiado complicado
	9	stopped communicating with SDP team /dejó de comunicarse con el equipo de SDP
	39	Traditional servces met the needs / Los servicios tradicionales cubrieron las necesidades.
Total	72	

<u>Still in</u>		
process but		
<u>pending / Aún</u>		
<u>en proceso</u>		
pero	count /	
<u>pendiente</u>	número	comment / comentario
	1	has not responded to PCS / no ha respondido a PCS

	7	not ready/still interested / no estoy listo/todavía estoy interesado
	3	Still deciding / Todavía decidiendo
Total	11	

Went back to		
<u>Traditional /</u>		
<u>Volvimos a lo</u>	count /	
<b>Tradicional</b>	número	comment / comentario
	3	FMS issues / Problemas de FMS
	7	FMS was too difficult / FMS fue demasiado difícil
	1	moved out of state /se mudó fuera del estado
	1	SDP seemed limited / SDP parecía limitado
		Traditional services could meet needs / Los servicios tradicionales podrían satisfacer
	13	las necesidades
	8	Vendor Services needed / Servicios de proveedor necesarios
Total	33	

SDP Transfer out of VMRC / Transferencia		
SDP fuera de	count /	
<u>VMRC</u>	número	comment / comentario
	1	Left to another Regional Center / Dejado a otro Centro Regional
	1	Left to another Regional Center, but shared case management / Dejado a otro Centro Regional, pero manejo de casos compartido