



Valley Mountain Regional Center  
702 N. Aurora Street  
Stockton, CA 95202  
(209) 473-0951



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### **VMRC Self Determination Advisory Committee Meeting**



**DATE:** Thursday, March 21, 2024



**TIME:** 3:30pm-5:00pm Business Meeting

***The meeting will begin at 3:30pm.***

**WHERE: Online through Zoom or In-Person**

**In Person:**

VMRC Stockton  
702 N. Aurora St  
Stockton, CA 95203

**Zoom Meeting:**

**Join on your computer or mobile app:**

*Join Zoom Meeting*

<https://us06web.zoom.us/j/89836693761?pwd=ubE5BS8mp3VZ7dGoOdv87u0GIe0WLp.1>

Meeting ID: 898 3669 3761

Passcode: 253854

**Or call in (audio only):** 1-669-900-6833

Phone Conference ID: 898 3669 3761

Passcode: 253854

**For security reasons you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.**

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: [northvalleyhills@scdd.ca.gov](mailto:northvalleyhills@scdd.ca.gov). Requests must be received by 5pm, on Thursday, March 14, 2024.*



## **Valley Mountain Regional Center Self Determination Advisory Committee (SDAC)**

### **REMINDER from the Self Determination Law WELFARE AND INSTITUTIONS CODE Section 4685.8**

#### **Role of this Committee**

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

**The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.**

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

#### **Self Determination Program**

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

# The 5 Principles of Self-Determination



## Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

## Authority

You decide how money is spent for your services and supports.

## Support

You pick the people and supports that help you live, work and play in your community.

## Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

## Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)  
Thursday, March 21, 2024  
3:30pm-5:00pm

### **AGENDA**

**Item 1: Call Meeting to Order-** Vivian Nicolas-Chair

**Item 2: Introductions-** Committee members please introduce self in person or through chat

**Item 3: Establish Quorum-** Vivian Nicolas-Chair

**Item 4: Approval of the agenda-ACTION-**Vivian Nicolas-Chair

**Item 5: Approval of the Minutes from February 15, 2024-ACTION**

**Item 6: Chair Report-Information-Vivian-**updates

- Review Self-Determination Directives from DDS-see directives attached in email.
- Communication with VMRC Board and other partner agencies
- Meeting with VMRC SDP Leadership team-April 4, 2024- If there are any issues or questions members would like to ask or information shared at this meeting, share now, or send to Vivian. - The meeting scheduled for 3/7 was cancelled by VMRC.

**Item 7: Public Comment-** *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak, but if need an interpreter up to six minutes. Written requests, if any, will be considered first.*

*The VMRC SDAC will also allow public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

**Item 8: Update on the Self Determination Program-Information-**VMRC Staff to provide updates to the committee.

**Item 9: VMRC SDAC Special Events Workgroup-Information/ACTION-Dena-**The next meeting for the workgroup committee is March 28, 2024. We will determine if monthly meetings are needed based on projects.

**Item 10: Statewide Self Determination Advisory Committee (SSDAC)-Information-**next meeting TBD-no date set.

**Item 11: Self Determination Support Project for Spanish speaking families/consumers-*Information/ACTION-ICC Representative***-project update.

**Item 12: Self Determination Support Project-*Information-Adjoin representative***-project update.

**Item 13: VMRC SDAC Membership Update-*Information-Dena***-No update, openings in Amador, Calaveras and Tuolumne Counties.

**Item 14: Self Determination Issues-*Discussion-Advisory Committee & VMRC Staff***-Time for committee members or VMRC staff to share any issues, questions or success stories regarding Self Determination, or announcements of upcoming trainings or opportunities for participants.

**Join the VMRC SDAC on Facebook:**

<https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc>

**SCDD SDP Orientation:** <https://scdd.ca.gov/sdp-orientation/?fbclid=IwAR3BNnHWCWlv4gwgXdXgYxfcHubPZnVuJ4KF6hyrpV5bREdsl-8lxZFJdSY>

**Item 15: Next Meeting-** The next meeting is scheduled for Thursday, April 18, 2024, from 3:30-5pm.

The VMRC SDAC meetings are held monthly on the 3<sup>rd</sup> Thursday-from 3:30pm-5:00pm. Meetings can be attended virtually on Zoom or in-person at the VMRC Stockton Office.

**Item 16:** Meeting adjourned.