



Valley Mountain Regional Center
702 N. Aurora Street
Stockton, CA 95202
(209) 473-0951



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VMRC Self Determination Advisory Committee Meeting



DATE: Thursday, October 19, 2023



TIME: 3pm-3:30pm Informal Session
3:30pm-5:00pm Business Meeting

Please join us for an informal learning session from 3-3:30pm, using the link below. The meeting will begin at 3:30pm.

WHERE: On Zoom or In-Person

In Person:

VMRC Stockton-Room 124
702 N. Aurora St
Stockton, CA 95203

Zoom Call:

Join Zoom Meeting

<https://us06web.zoom.us/j/86258197558?pwd=OS9BVU14b1dTbFVfVFRjZGcvUzZKUT09>

Meeting ID: 862 5819 7558

Passcode: 979925

One tap mobile

+16694449171

For security reasons you must be signed into your Zoom account to access the meeting. Please ensure you are signed into Zoom before clicking the link above or entering the ID & passcode.

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: northvalleyhills@scdd.ca.gov
Requests must be received by 5pm, on Thursday, October 12, 2023.*



Valley Mountain Regional Center Self Determination Advisory Committee (SDAC)

REMINDER from the Self Determination Law WELFARE AND INSTITUTIONS CODE Section 4685.8

Role of this Committee

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

Self Determination Program

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

The 5 Principles of Self-Determination



Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

Authority

You decide how money is spent for your services and supports.

Support

You pick the people and supports that help you live, work and play in your community.

Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center
Self Determination Advisory Committee (SDAC)
October 19, 2023
3:30pm-5:00pm

AGENDA

Item 1: Call Meeting to Order- Vivian Nicolas-chair

Item 2: Introductions- Committee members please introduce self in person or through chat

Item 3: Establish Quorum- Vivian Nicolas-chair

Item 4: Presentation-Dena-*Information*-Bagley Keene Open Meeting Act and how it relates to this committee

Item 5: Approval of the agenda-*ACTION*-Vivian Nicolas-chair

Item 6: Approval of the Minutes from September 21, 2023-*ACTION*

Item 7: Chair Report-*Information*-Vivian-

- Disability Resource Fair-update
- ***Information***-VMRC SDAC Leadership Team (Vivian/Gricelda/Lisa/Jeff) Update
- ***Information***-re-cap of education session from 3-3:30 before the SDAC business meetings, open to anyone. Information and education sessions are scheduled the 3rd Thursday of the month before the SDAC business meeting. The link is the same, sessions will begin and end on time.

Item 8: Public Comment- *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak, but if need an interpreter up to six minutes. Written requests, if any, will be considered first.*

The VMRC SDAC will also allow public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.

Item 9: Update on the Self Determination Program-*Information*-Christine Couch, Director of Consumer Services-Adults-provide updates to the committee.

Item 10: VMRC SDAC Special Events Workgroup-*Information/ACTION*-Dena Hernandez- Leadership motion for entire committee to consider: Disability Voices United virtual conference is scheduled for Friday, November 3, 2023, from 9am-4:30pm. The motion is that our SDAC

sponsors the registration fees for parents and consumers from the VMRC catchment area to attend. The fee is \$85.00 per person to register.

Next meeting for the workgroup committee is October 26, 2023.

Item 11: Self Determination Support Project for Spanish speaking families/consumers-*Information-ICC Representative*-project update

Item 12: Self Determination Support Project-*Information-Adjoin representative*-project update

Item 13: VMRC SDAC Membership Update-*Information-Dena*-Update

Item 14: Statewide Self Determination Advisory Committee (SSDAC) Mtg- *Information* – Updates from meeting held September 28, 2023

Item 15: Self Determination Issues-*Discussion-Advisory Committee & VMRC Staff*-Time for committee members or VMRC staff to share any issues, questions or success stories regarding Self Determination, or announcements of upcoming trainings or opportunities for participants.

Join the VMRC SDAC on Facebook:

<https://m.facebook.com/groups/401810838352575/?ref=share&mibextid=DcJ9fc>

SCDD SDP Orientation: <https://scdd.ca.gov/sdp-orientation/?fbclid=IwAR3BNnHWCWlv4gwgXdXgYxfcHubPZnVuJ4KF6hyrpV5bREdsl-8lxZFJdSY>

Item 16: Next Meeting- November 16, 2023, 3:30pm to 5:00pm on zoom or in-person at the VMRC Stockton Office.

The VMRC SDAC meetings are held monthly on the 3rd Thursday-from 3:30pm-5:00pm. Meetings can be attended virtually on Zoom or in-person at the VMRC Stockton Office.

Item 17: Meeting adjourned.