

Storytelling



**Hi My Name is PJ Swan.
These are my two brothers Aman and Preet** ❤️



First time we saw snow at Lake Tahoe.



I am talking to you about Story telling because



**You can't underestimate
the power of telling your
story.**

**You could be changing
someone's whole world
by just being you.**

Storytelling began when I started leading my IEP meeting.

The IEP helped me developed my voice, by speaking up for myself.

It is important to lead your IEP meeting because it helps you build self-advocacy skills and success at work!



This is a picture of me talking in front of 1000 people at the Bridge to the Future III .

No, I wasn't nervous, I loved it!



The Steps I took to prepare to LEAD my IEP meeting

I made a PowerPoint for every meeting and shared what I felt was important in my life. I began to have many people at my meetings! They liked my PowerPoint!

I wanted to share what I like, my goals and what I wanted to learn at school.

I always wanted to work.



I wanted to make my parents proud of me.

In April 2018, I ran my own meeting for the Regional Center and shared what support I need. I think the Regional Center was surprised!

I want to learn to drive.

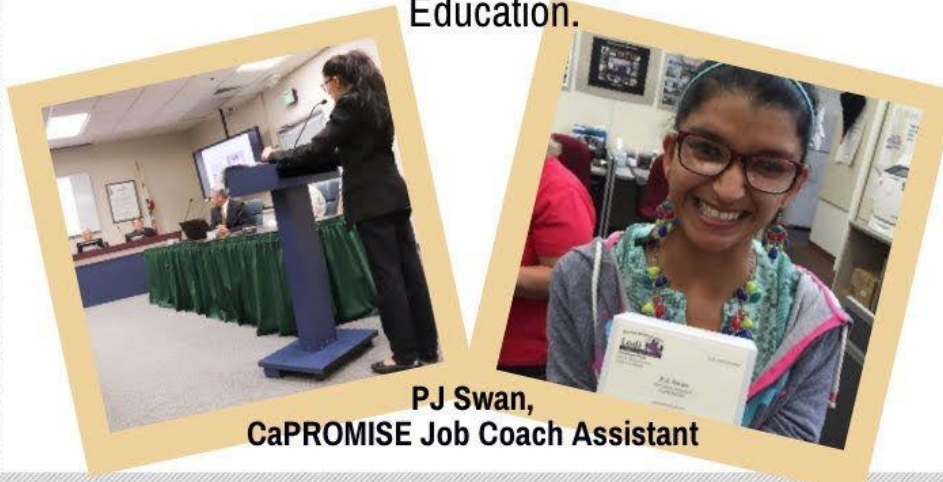


**Each Experience I had Speaking Up for myself,
is like telling my story. It boost my
self-confidence and work skills.**

3

Spotlight: PJ Swan

PJ Swan shared her transition story from LUSD student to LUSD employee with the Board of Education.



**PJ Swan,
CaPROMISE Job Coach Assistant**

Let Me Tell You About My Job

This is my business card

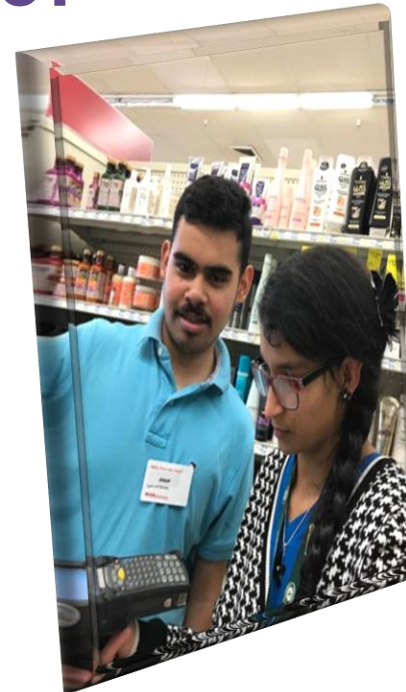


**I HAVE BEEN WORKING 7 YEARS AS FULL-TIME JOB COACH ASSISTANT
At LODI UNIFIED SCHOOL DISTRICT**

These are pictures of me assisting my students in the community.

I also help my students learn work skills. I assist my students working with the Speech Therapist.

I assist students who work with the Vision teacher.





Let Me Update You About Being in the Community



I HAVE A FILM CREDIT, LET'S WORK CALIFORNIA !

This is a picture of me in the documentary! I starred with 7 other young people. We shared our jobs and how much we love them. Look at me, I'm a natural!



I AM a TEAM MEMBER on the CALIFORNIA TRANSITION ALLIANCE

This is a professional group of people who develop this very conference.



I SPEAK 4 DIFFERENT LANGUAGES

English, Punjabi, ASL Sign Language, Hindi





Employment Specials



When I started my job with Lodi Unified School District, I joined the union.



I attend union meetings and vote. They are fun to attend.

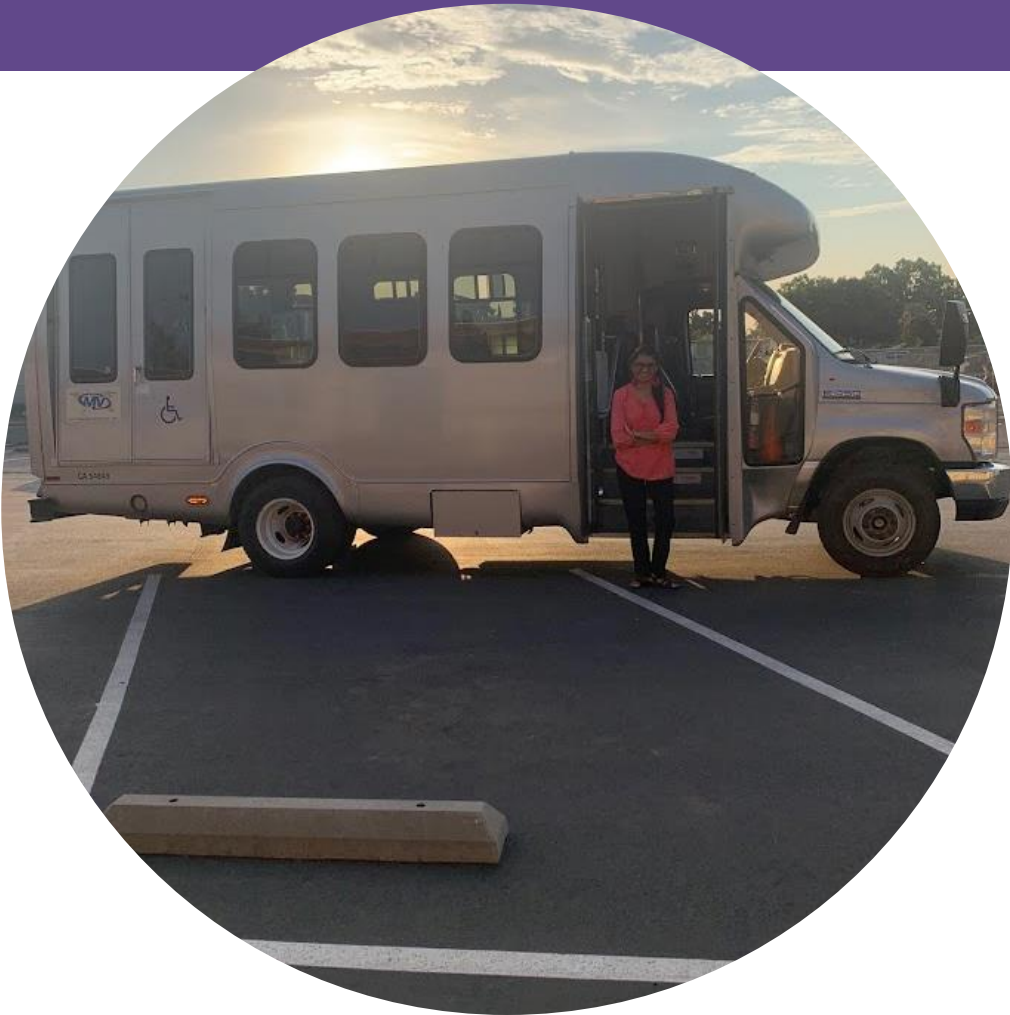


This is a picture of the union President. She takes me out to Dinner and we have Girls night out.



The union has been very supportive of my work at the district.

Transportation



- ✓ I **arrange** for my own transportation and Its GREAT!
- ✓ The same bus driver comes on time each morning. I really like that! I wake up 4:45 am every morning for work!
- ✓ I am never late for work! Being on-time is very important for keeping your job! I also get to go home on time.



I Telling my Story

I was able to share my story at UC Davis last month with Joey Travolta and Richard Rosenberg.

I enjoy public speaking.

I think everyone can do public speaking, if they practice and are given the chance to do it.

You have to remember, if I can do it, you can too!

What Am I Good at?

What are my **STRENGTHS**?

I am always happy

I love to help others keep calm

I am willing to try new things

I am loyal

I am a team player

I cheer people on

I am dependable

I have great mentors

I have a Good attitude

I show up on time and I'm ready to work!

I am a great Storyteller about what I'm good at,
and, what I need to be successful!

I have Mentors that help me learn and give me the opportunity to try!



Lisa Chaves is in special education. She makes sure my support plan at work is working so that I am able to be a great employee! She's great!



Liz was the program specialist when I was a student at Lodi. She believed in my ability and helped me reach my goal to become a teacher.

My Future







- ✓ This is my Fiancé Harjeet.
- ✓ We are getting married, but Covid is messing up our plans.
- ✓ I want to be a mom.
- ✓ I want my family to be proud of me!



I love dogs.  This is a picture of my favorite Dog named Freida

Words of Advice

-  Listen to the staff you work with. They want what's best for you.
-  If you get upset at work, try to calm down and take a break.
-  The best way to fix it is to talk with somebody 1-on-1. Be careful and take good care of your job!
-  Practice being flexible and self-advocate in school. You will need these skills at work. Get this experience in your IEP meetings.