



**Valley Mountain Regional Center  
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Stockton, CA 95202  
(209) 473-0951**



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### **VMRC Self Determination Advisory Committee**



**DATE:** Thursday, October 21, 2021



**TIME:** 3:30pm to 5:00pm



**WHERE: ZOOM CALL-See How to Connect Below**

Join Zoom Meeting

<https://us06web.zoom.us/j/84854553724?pwd=ZnNZaHY3UEFHazhsbVIUYnpkQXVadz09>

Meeting ID: 848 5455 3724

Passcode: 643487

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*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Dena Hernandez at the SCDD North Valley Hills Office, 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: [northvalleyhills@scdd.ca.gov](mailto:northvalleyhills@scdd.ca.gov)  
Requests must be received by 5pm, on Thursday, October 7, 2021.*



**Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)**

**REMINDER from the Self Determination Law**  
WELFARE AND INSTITUTIONS CODE Section 4685.8

**Role of this Committee**

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

**The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.**

These are PUBLIC Meetings-so everyone is welcome.

The focus of this committee is to discuss the

**Self Determination Program**

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

# The 5 Principles of Self-Determination



## Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

## Authority

You decide how money is spent for your services and supports.

## Support

You pick the people and supports that help you live, work and play in your community.

## Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

## Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.



Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)  
October 21, 2021  
3:30pm to 5:00pm

### **AGENDA**

**Call Meeting to Order-** Mariela Ramos-chair

**Introductions-** Committee member roll call. Community members can introduce themselves using the chat.

**Establish Quorum-** Mariela Ramos-chair

**Approval of the agenda-*****ACTION***-Mariela Ramos-chair

**Approval of the Minutes from September 16, 2021-*****ACTION***

**Public Comment-** *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The VMRC SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

**VMRC SDAC Special Events Workgroup-*****ACTION/Information-Dena***-October 14, 2021-recommendations from workgroup will be discussed and voted on.

**Statewide Self Determination Advisory Committee (SSDAC)-*****Information-***  
***Mariela***-any current updates.

**Self Determination Support Project-*****Information-Melanie Gonzales***-Updates on progress of the project.

**Update on the Self Determination Program Phase In & Orientation-**  
***Information-*** Tony Anderson, VMRC Executive Director-any updates from DDS-

how do directives from DDS under traditional services impact participants in Self-Determination (example-social recreation)? How will the COVID vaccination mandate impact Self-Determination?

Tara Sisemore-Hester, Director of Consumer Services-Children, will provide updates to the committee.

**SDAC Membership Update-*Information-Dena***-Updates on membership and needs.

**Self Determination Issues-*Discussion-Advisory Committee & VMRC Staff***-Time for committee members or VMRC staff to share any issues, questions or success stories regarding Self Determination, or announcements of upcoming trainings or opportunities for participants.

**Next Meeting-** November 18, 2021, 3:30pm to 5:00pm

**SAVE THE DATE-**3<sup>rd</sup> Quarterly Meet & Greet scheduled for October 25, 2021, 5pm-8pm, on Zoom. Scheduled to focus on Financial Management Services (FMS).

Due to many committee members participating in distance learning, meetings will be held monthly on the 3<sup>rd</sup> Thursday-from 3:30pm-5:00pm.

**Meeting Adjourned**