

**VMRC Self Determination Advisory
Committee Meeting
Minutes
February 20, 2020**

VMRC SDAC Members - Present

Nubyaan Scott (DRC OCRA)-Statute
Karen Bonacci (FA) -VMRC
Mary Bonacci (SA) -VMRC
Lisa Culley-secretary (FA) -SCDD
Gricelda Estrada (FA) -VMRC
John Forrest (FA) -VMRC (on phone)
Claire Lazaro (FA)
Alphonse Mickahail (FA) -SCDD (on phone)
Dr. Bethany Mickahail (FA) -SCDD (on phone)
Mariela Ramos-chair (FA) -VMRC
Nancy Sanchez-vice chair (FA) -VMRC
Kerstin Williams (SA) -SCDD

VMRC SDAC Members- Absent

Martinez, Phylcia (FA)-SCDD
Martha Arely Solano (FA) -SCDD

SCDD Staff

Dena Hernandez- North Valley Hills

Guests who signed in

Maria Guadalupe Ayala
Fabiola Castellanos
Jesus Lladira Cazarez
Dora Contreras
Ismail E. Flores
Joseph Hernandez
Maria E Solano
Tran Tran

VMRC Staff

Tony Anderson-Executive Director
Doug Bonnett – Director’s Assistant
Tania Candelaria-Service Coordinator
& Interpreter for mtg
Elizabeth Diaz-Program Manager
Cindy Mix- Director of Consumer Services
David Narbona-Service Coordinator
Michele Poaster-Service Coordinator
Angelique Shear-Project Manager
Irene Hernandez-Interpreter

SA=Self Advocate

FA=Family Advocate

Call Meeting to order- Mariela Ramos-chair- called to order at 10:09am

Introductions- Committee Members and audience- all introduced themselves. Tania Candelaria provided interpretation services for committee members who speak Spanish.

Establish Quorum- Mariela-chair-quorum was established with in-person & attendees by phone.

Approval of the Agenda- Motion to approve the agenda by Claire and seconded by Nubyaan. No discussion. Vote taken, passed unanimously.

Approval of the minutes from January 16, 2020 – Committee members reviewed minutes. Claire made a motion to approve the minutes as written and it was seconded by Nubyaan. Lisa made a correction. Clair revised the motion to approve the minutes with the correction & Nubyaan seconded the new motion. There was no discussion. Vote taken, motion passed with abstentions from Gricelda and Mariela.

Public Comment-

- Dena Hernandez-shared CHOICES registration info & info about a Long-Term Care event in Modesto.
- Maria Solano-received letter that her son was selected for Self Determination and she wants to know if she can participate in meetings.

Update on the Self Determination Program Phase in & Orientation- Information
Cindy Mix Director of Case Management-Cindy reported that as of 2/20/20, there are a total of 110 consumers from VMRC selected by DDS for Self Determination, 106 who are continuing. By office: Stockton-62, Modesto-41, and San Andreas-7. 74 people have attended orientation, 32 still need to attend orientation, and 4 are no longer interested in participating. PCP & IPP meetings continue daily. As of 2/20, 25 PCP/IPP have been completed, 44 PCP/IPP are in process. There are 5 IPP's signed, 5 are working on budgets, 14 are working on spending plans, and 7 will begin or are scheduled to start 3/1.

At a prior meeting the issue of vendors who do not want to provide services for Self Determination participants, and if the regional center was able to do something about this problem. VMRC staff spoke to Liz Harrell at DDS regarding this issue, and she replied that regional centers cannot require vendors to accept Self Determination participants. VMRC will encourage vendors to provide the services, but ultimately it is the decision of the vendor to provide or not provide. There are trainings planned targeting vendors to share Self Determination information, in hope the vendors will choose to accept Self Determination

participants. Liz Diaz indicated that vendors for the most part have been open to serving Self Determination participants and community members have been contacting regional center staff to learn more information about Self Determination and how they could participate.

Cindy reported that some of the Self Determination workbooks had been purchased, and that there are 826 people on the "Interested List" for future Self Determination slots.

No report from Tony Anderson.

SCDD Statewide Self Determination Advisory Committee-Information

Mariela attended the statewide meeting on 2/10/2020. She reported that parent Rick Woods was elected Co-Chair of the committee. DDS was invited to provide an update on how the Self Determination Program was progressing. They reported that 158 people have requested background checks statewide. There is also a survey available on the DDS website regarding Person Centered Planning and they encouraged people to take the survey, which is due by 2/21/2020. The committee requested that a representative return to the next statewide committee meeting to answer additional questions. The SCDD SDAC discussed the possibility to meet four times per year, but the SCDD can fund only 2 meetings. There was a suggestion that local SDAC's fund their representatives to participate in additional meetings.

VMRC SDAC Bylaws-Discussion & ACTION

Mariela asked representative from other local SDAC if they used bylaws for their committee structures. She reported that no other local groups have bylaws, and that they were using ground rules. Mariela brought the motion to the committee that our local committee use ground rules (from the SCDD handout) and instead of formal bylaws. Karen Bonacci seconded the motion. There was discussion of the pros and cons of having bylaws vs. ground rules. A handout of ground rules was distributed. During discussion, Claire reported that the SDAC committee had used ground rules early in the formation of the local committee, and that maybe there should be modifications made that would address the roles of officers and terms for committee members. Mariela did not want the modifications to be voted as part of her motion, that they could be discussed at a future meeting. Because not all committee members had copies of the ground rules handout, a point of order was made that it was not proper to vote on the ground rules, so the original motion and second was rescinded. Nubyaan made the motion to add English & Spanish versions of the ground rules handout to the next meeting packet for further discussion on this topic. Lisa seconded the motion. There was no discussion. The motion was approved with no opposition or abstentions.

VMRC Self Determination Advisory Committee Next Steps-

The Event Committee provided a report on their meeting from 2/19/2020 (see attached handouts). The first focus will be to schedule and plan the Meet & Greet events.

Nancy asked how vendors are receiving information and training on the Self Determination Program from VMRC. It was also reported that vendors are advised and invited to the local SDAC meetings.

VMRC SDAC Membership Update - Dena H. distributed a Membership Breakdown Report (attached) and provided and informed who the committee should target for future recruitment. She went over the report with the committee.

Next Meeting – **Thursday, April 16, 2020 from 10-11:30am. This meeting will occur via ZOOM. There will be no in person meeting due to the COVID 19 restrictions regarding public meetings. The ZOOM link will be provided in the agenda.

Self Determination Advisory Committee meetings are on the 3rd Thursday of each month. The times will alternate afternoon (3:30pm-5pm) and morning (10am-11:30am).

Meeting Adjourned at 12:28pm

Minutes respectfully submitted by Lisa Culley

****This is a revision to the original meeting minutes to avoid any confusion to committee members.**

10 Ground Rules for Meetings

1 Show up on time and come prepared

Be prompt in arriving to the meeting and in returning from breaks.
Be prepared to contribute to achieving the meeting goals.
Come to the meeting with a positive attitude.



2 Stay mentally and physically present

Be present, and don't attend to non-meeting business.
Listen attentively to others and don't interrupt or have side conversations.
Treat all meeting participants with the same respect you would want from them.

3 Contribute to meeting goals

Participate 100% by sharing ideas, asking questions, and contributing to discussions.
Share your unique perspectives and experience, and speak honestly.
If you state a problem or disagree with a proposal, try to offer a solution.

4 Let everyone participate

Share time so that all can participate.
Be patient when listening to others speak and do not interrupt them.
Respect each other's thinking and value everyone's contributions.



5 Listen with an open mind

Value the learning from different inputs, and listen to get smarter.
Stay open to new ways of doing things, and listen for the future to emerge.
You can respect another person's point of view without agreeing with them.

6 Think before speaking

Seek first to understand, then to be understood.
Avoid using idioms, three letter acronyms, and phrases that can be misunderstood.
It's OK to disagree, respectfully and openly, and without being disagreeable.

7 Stay on point and on time

Respect the groups' time and keep comments brief and to the point.
When a topic has been discussed fully, do not bring it back up.
Do not waste everyone's time by repeating what others have said.

8 Attack the problem, not the person

Respectfully challenge the idea, not the person.
Blame or judgment will get you further from a solution, not closer.
Honest and constructive discussions are necessary to get the best results.



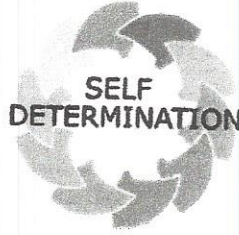
9 Close decisions and identify action items

Make sure decisions are supported by the group, otherwise they won't be acted on.
Note pending issues and schedule follow up meetings as needed.
Identify actions based on decisions made, and follow up actions assigned to you.

10 Record outcomes and follow up

Record issues discussed, decisions made, and tasks assigned.
Share meeting reports with meeting participants.
Share meeting outcomes with other stakeholders that should be kept in the loop.





**Valley Mountain Regional Center Self Determination Advisory Committee
Events WORKGROUP**

REPORT to VMRC SDAC Full Committee

2/20/20

Event Workgroup Members

Present –Dora Contreras, Lisa Culley, Gricelda Estrada, Dena Hernandez, Claire Lazaro, Mariela Ramos, Nancy Sanchez.

Absent- Tony Anderson, VMRC

The Event Workgroup met on February 19, 2020 at VMRC to discuss possible Self Determination events that the VMRC SDAC would host/sponsor/promote. It was a very productive meeting. Here are the highlights:

Plan for 3 Meet & Greets (see DRAFT flyer)

VMRC Rooms have been tentatively been reserved for the following dates/times:

- San Joaquin County- May 14, 2020 6pm-8pm VMRC Stockton Cohen Board Room
- Stanislaus County – May 19, 2020 6pm-8pm VMRC Modesto Conference Room
- Mountain Counties- June 2, 2020 6pm-8pm VMRC San Andreas Conference Room

TENTATIVE- Possible Schedule of Meet & Greets -to be worked on at next meeting:

Welcome VMRC SDAC chair/ or committee member- info about the VMRC SDAC, purpose and how to get involved.

VMRC staff brief overview/status of Self Determination Program

Ice Breaker

Panel of Current Participants- What's Working What's Not

Q & A & Resource Table with SD info like Orientations/ PCP trainings

Food/Snacks

Index cards for questions/comments/suggestions/ideas to be collected for future trainings on Self Determination

Large flip charts with components of Self Determination & post it notes so people can walk around and place comments, questions, concerns under appropriate topic area

Raffle

Time for networking between participants

Questions for VMRC regarding these Meet & Greets

- Will VMRC mail hard copies of the flyer/invite to each of the participants as well as post on the website?
- We know the info of the participants is confidential, but would it be possible to get the break down of participants for each county?
- Is there Self Determination money available yet so food could be purchased
- Have the Self Determination books arrived for each committee member and self-determination participants? We would like to hand them out at the meet and greets and put this info on the flyer/invite
- We would like a Spanish interpreter at each event as well as put on the flyer any other language that might be requested.
- Can VMRC keep the RSVP list for each meet and greet- we would like to have name tags and a sign in sheet at each as well.
- We would like to invite Liz, Tania, David and Michelle to attend any or all of these if possible. We are developing the schedule for each and thought they might be able to help so we can have some people share what is working or not working. (We have another meeting scheduled to work out all details- we want these to be interactive events)
- We are thinking about having an ice breaker at each and possibly a raffle- can the Self Determination money be used to purchase gift cards (gas cards and/or visa gift cards) as prizes?

Self Determination on-going Outreach- We know there is a need to keep talking about Self Determination Program so when it is open to all -people understand what it is. We would like to ask the following:

- We request that VMRC Service Coordinators pass out the Self Determination Advisory Committee brochure at any meetings they have with people served. (brochure is in Eng and Spa)
- We request that VMRC Outreach staff have Self Determination info/materials at any outreach event they participate in. Upcoming events include the VMRC Transition Fairs and the CHOICES Conference

Self Determination Conference

This was tabled until next meeting when Tony Anderson can attend. This is a big project and it was discussed that we should get the Meet and Greets finalized and on track before we tackle this event.

- This event would be open to all and have specific breakouts
- Hope to have VMRC CEU's to entice VMRC vendors to attend and learn about the program.

Other Self Determination Event Topics

- We would like to have Self Determination trainings in all 5 counties. We can use the info learned at the Meet and Greets to guide this process.
- An example of a training is about the Fiscal Management Service, Spending Plan development, Budget development, Unmet needs in the vendor community etc.

Next Meeting is scheduled for Tuesday, April 7, 2020 at 3pm-4:30 in Room 105 at VMRC Stockton. A request for a Spanish interpreter has been received.

Notes taken by Dena Hernandez SCDD North Valley Hills

VMRC Self Determination Advisory Committee

Membership Breakdown as of 1/20/20

COUNTIES

Amador= 0

Calaveras= 0

Tuolumne= 0

San Joaquin= 11

Stanislaus= 1

Classification (Self Advocate/Family Advocate/Statute) (13 total members)

Self Advocates= 2 (both from San Joaquin County)

Family Advocates= 10 (9 from San Joaquin & 1 from Stanislaus)

Statute-1 Disability Rights CA/Office of Clients' Rights Advocacy

Ethnicity (Ethnicity not recorded from Statute DRC/OCRA rep)

African American= 1

Asian= 1

Caucasian = 3

Greek/Egyptian = 1

Latino/Hispanic= 6