



Valley Mountain Regional Center  
702 N. Aurora Street  
Stockton, CA 95202  
(209) 473-0951

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**PUBLIC MAY LISTEN ONLY**

DIAL-IN NUMBER: 1-866-299-7945 PASSCODE 7793177#

**VMRC Self Determination Advisory Committee**



**DATE:** Thursday, January 16, 2020



**TIME:** 3:30pm to 5pm



**WHERE:** VMRC Stockton Office  
702 N. Aurora Street  
Stockton, CA 95202  
(209) 473-0951

*Pursuant to Government Code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in the meeting, should contact Marigene Tacan-Regan at the SCDD North Valley Hills Office 2529 W. March Lane Suite 105 or by phone: 209-473-6930 or Email: [northvalleyhills@scdd.ca.gov](mailto:northvalleyhills@scdd.ca.gov) Requests must be received by 5 pm, on Thursday, January 9, 2020*



Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)

**REMINDER from the Self Determination Law**  
WELFARE AND INSTITUTIONS CODE Section 4685.8

**Role of this Committee**

Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program.

The regional center and the State Council on Developmental Disabilities shall each appoint one-half of the membership of the committee.

The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders.

A majority of the committee shall be consumers and their family members.

The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

**The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements, and may make ongoing recommendations for improvement to the regional center and the department.**

These are PUBLIC Meetings- so everyone is welcome.

The focus of this committee is to discuss the

**Self Determination Program**

This is not the meeting for individual concerns/issues about traditional VMRC services and supports. Please contact your service coordinator for help on individual concerns.

# The 5 Principles of Self-Determination



## Freedom

You plan your own life and make your own decisions, just like people without disabilities are able to do.

## Authority

You decide how money is spent for your services and supports.

## Support

You pick the people and supports that help you live, work and play in your community.

## Responsibility

To make decisions in your life, to be accountable for using public money and to accept your valued role in the community.

## Confirmation

You are the most important person when making plans for your life. You are the decision maker about your services.





Valley Mountain Regional Center  
Self Determination Advisory Committee (SDAC)

January 16, 2020

3:30pm to 5pm

**AGENDA**

**Call Meeting to order-** Mariela Ramos-chair

**Introductions-** Committee Members and audience

**Establish Quorum-** Mariela Ramos-chair

**Approval of the Agenda- ACTION**

**Approval of the minutes from December 19, 2019 - ACTION**

**Public Comment-** *This item is for members of the public to comment and/or present information to the VMRC SDAC. Each person will be afforded up to three minutes to speak. Written requests, if any, will be considered first. The VMRC SDAC will also provide public comment, not to exceed a total of seven minutes, for public comment prior to action on each agenda item.*

**Update on the Self Determination Program Phase in & Orientation- Information**

Tony Anderson- VMRC Executive Director/ Cindy Mix Director of Case Management

**VMRC SDAC Bylaws-Discussion & ACTION** Mariela Ramos-chair

**VMRC Self Determination Advisory Committee Next Steps-Information** Mariela Ramos-chair

--Draft letter to invite all SD participants to meet & greet events

--Topics for future presentations at SDAC meetings (FMS, other??)

**SD Issues-Discussion-Advisory Committee & VMRC Staff**

--SD question and answers with Cindy Mix & Tony Anderson

--Committee members who need agenda & meeting minutes mailed

**VMRC SDAC Membership Update - Information**

Dena Hernandez- SCDD North Valley Hills

**Next Meeting** –February 20, 2020 10am to 11:30am. Meetings are held monthly on the 3rd Thurs -time will alternate monthly-morning (10-11:30am) & afternoon (3:30pm-5pm).

**Meeting Adjourned**

# -Sample/example-

## SAMPLE Bylaws

### BYLAWS OF Valley Mountain Regional Center

### Local Volunteer Self Determination Advisory Committee

#### ARTICLE I- NAME, PURPOSE

**Section 1:** The name of the committee shall be the Valley Mountain Regional Center Self Determination Advisory Committee (VMRC SDAC).

**Section 2:** The VMRC SDAC is organized exclusively based on statute WIC 4685- Each regional center shall establish a local volunteer advisory committee to provide oversight of the Self-Determination Program. The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent with the requirements of this section, and may make ongoing recommendations for improvement to the regional center and the department.

#### ARTICLE II- MEMBERSHIP

**Section 1:** Valley Mountain Regional Center (VMRC) and the State Council on Developmental Disabilities (SCDD) shall each appoint one-half of the membership of the committee. The committee shall consist of the regional center clients' rights advocate, consumers, family members, and other advocates, and community leaders. A majority of the committee shall be consumers and their family members. The committee shall reflect the multicultural diversity and geographic profile of the catchment area.

#### ARTICLE III- ANNUAL MEETING

**Section 1:** Annual Meeting. The date of the annual meeting shall be held in June of each year. The officers shall set the time and place of this meeting.

**Section 2:** Notice. Notice of each meeting shall be given to each voting member by email (unless otherwise requested) ten days before the meeting in adherence to the Open Meeting Act- Bagley Keene. Meeting information shall be posted on the VMRC and SCDD website as well.

**ARTICLE IV: Executive Committee (Chair, Vice Chair, Secretary)**

**Section 1:** The Executive Committee is responsible for the overall direction of the committee. Develops meeting agendas and completes minutes for each meeting.

**Section 2:** Meetings. The Executive Committee shall meet (in person, or by phone or by email) prior to each meeting to establish the agenda and time for translation of materials and posting of information in accordance with Bagley Keene. The Executive Committee shall set these at an agreed upon time and place.

**Section 3:** Executive Committee Elections. Election of new officers or election of current officers to a second term will occur as the first item of the annual meeting. Officers will be elected by a majority vote of the committee members.

**Section 4:** Terms. All Executive Committee members shall serve \_\_\_\_\_ year terms but are eligible for re-election.

**Section 5:** Quorum. A quorum must be established at each meeting. A quorum is half the sitting members plus 1 before business can be transacted or motions made or passed.

**Section 6:** Notice. An official meeting requires that each voting member have written notice of the meeting 10 days before the meeting.

**Section 7:** Officers and Duties. There shall be three officers of the committee consisting of a Chair, Vice Chair and Secretary. Their duties are as follows:

The Chair shall convene regularly scheduled VMRC SDAC meeting, shall preside or arrange for other members of the executive committee to preside at each meeting in the following order: Vice Chair, then Secretary. The Chair shall attend the SCDD Statewide Self Determination Committee 3 times a year in Sacramento and report back to the VMRC SDAC. If the Chair is not able to attend – the chair may request the vice chair, secretary or any member of the VMRC SDAC to attend.

The Vice Chair will chair committees on special subjects as designated by the committee.

The Secretary shall be responsible for keeping records of VMRC SDAC actions, including overseeing the taking of the minutes at all VMRC SDAC meetings, sending out meeting announcements, distributing copies of the minutes and agenda (translated as requested) with assistance from VMRC and SCDD staff.

**Section 8: Vacancies.** When a vacancy on the VMRC SDAC exists, applications from new members will be reviewed by VMRC and SCDD as the committee shall reflect the multicultural diversity and geographic profile of the catchment area. The process for appointment is done by VMRC and SCDD and the VMRC SDAC Executive Committee will receive an update at each meeting.

**Section 9: Resignation, Termination and Absences.** Resignation from the VMRC SDAC must be in writing and received by the secretary or VMRC or SCDD. A member shall be dropped for excess absences from the VMRC SDAC if she/he has three unexcused absences from the VMRC SDAC meetings in a year.

**Section 10: Special Meetings.** Special meetings of the VMRC SDAC shall be called upon request of the Chair or one-third of the VMRC SDAC. Notices of special meetings shall be sent out by the secretary to each VMRC SDAC member 10 days before the meeting.

**ARTICLE V- COMMITTEES**

**Section 1:** The VMRC SDAC may create committees as needed, such as nominations, training, meet & greets etc. The Chair appoints all committee chairs.

**ARTICLE VI- AMENDMENTS**

**Section 1:** These Bylaws may be amended when necessary by a two-thirds majority of the VRMC SDAC. Proposed amendment must be submitted to the Secretary to be sent out with regular VMRC SDAC announcements.

These Bylaws were approved at the VMRC SDAC Meeting on (DATE) \_\_\_\_\_

By: (Name) \_\_\_\_\_ (Title) \_\_\_\_\_