



**VMRC Self Determination Advisory  
 Committee Meeting  
 Minutes  
 November 21, 2019**

<p><b><u>VMRC SDAC Members - Present</u></b>          Isela Bingham (DRC OCRA)-Statute          Karen Bonacci (FA) -VMRC          Lisa Culley-secretary (FA) -SCDD          Gricelda Estrada (FA) -VMRC          Claire Lazaro (FA)          Alphonse Mickahail (on phone)(FA) - SCDD          Dr. Bethany Mickahail (on phone) (FA) -SCDD          Mariela Ramos-chair (FA) -VMRC          Nancy Sanchez-vice chair (FA) -VMRC          Kerstin Williams (SA) -SCDD</p> <p><b><u>VMRC SDAC Members- Absent</u></b>          Mary Bonacci (SA) -VMRC          John Forrest (FA) -VMRC          Phylcia Martinez (FA) -SCDD          Dena Pfeifer(SA) -VMRC          Yadira Placsencia (FA) -SCDD          Mohamed Rashid-chair (SA) -SCDD          Veronica Segovia (FA) -SCDD          Martha Arely Solano (FA) -SCDD          Liz Zastrow (on phone) -SCDD</p> <p><b><u>SCDD Staff</u></b>          Dena Hernandez- North Valley Hills          Chanel Murray-North Valley Hills</p>	<p><b><u>Guests who signed in</u></b>          Dora Contreras (FA)          Jose Lara (FA)          Angela Lewis (Facilitator)          Will Sanford (Provider)</p> <p><b><u>VMRC Staff</u></b>          Tony Anderson-Executive Director          Doug Bonnett – Director’s Assistant          Christine Couch-Quality Assurance          Cindy Mix- Director of Consumer Services          Angie Shear-Project Manager</p> <p><b>SA=Self Advocate          FA=Family Advocate          Appointed by: VMRC=7 or SCDD=10</b></p>
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**Call Meeting to order-** Mariela Ramos-chair- called meeting to order at 3:42 pm

**Introductions-** Committee Members and audience- all introduced themselves. Isela Bingham (OCRA) provided interpretation services for committee members who speak Spanish.

**Establish Quorum-** At the beginning of the meeting a quorum was not met. It was decided to move past the agenda and minutes until a quorum was met . A quorum was met mid-way thru the meeting, so group was able to revisit those items.

**Approval of the Agenda-** Motion: to approve the agenda by Claire and seconded by Lisa. Vote taken –motion passed unanimously.

**Approval of the minutes from October 24, 2019 –** Committee members reviewed minutes. Motion to approve the minutes as presented – Karen made the motion and it was seconded by Gricelda. Vote taken -motion passed unanimously.

**Public Comment-**

- Dora Contreras went to Self Determination conference. She asked how members of SDAC are receiving info from the SCs?
- Dena Hernandez, SCDD NVHO, reported on the two Independent Facilitator training which SCDD provided in November. Surveys showed trainings were beneficial and provided a lot of information. Mariela attended both IF trainings, and echoed that the trainings were very successful.

**Update on the Self Determination Program Phase in & Orientation- *Information***  
Cindy Mix Director of Case Management-Cindy reported that there are several PCPs & IPPs in process and there are 10 budgets in process, 5-6 spending plans in process and that 2 budgets may be certified in the next few days. There are also several meetings scheduled.

There are 792 names that have been submitted to DDS for the re-draw that DDS will conduct on 10/22. The priority populations will be siblings of those already selected for SD, consumers over 42 years old, and consumers who are members or family members of those on the SDAC.

There will be an additional SD service coordinator will be added, posting closes on 12/2.

FMS courtesy vendorization has been completed. The following FMS companies are available to VMRC SD participants: Accredited, Acumen, Community Interface Services (CIS), The Emlyn Group Inc, GT Independence, Mains’l, Premier Healthcare Services and Tracy Stein Mgmt. Services.

### **Update on the Self Determination Program Phase in & Orientation- *Information***

Tony Anderson-Executive Director-There were 4 VMRC staff who attended the Self Determination Conference. There were approximately 400 attendees. Tony would like to host a conference in our area, possibly hosted by the SDAC. DDS is working on providing limited funding for local Self Determination implementation, including funding for the SDAC. The amount is not known at this time.

DDS sent an email that the Family Cost Participation fees do not apply to the SD participants. DDS will update as more info is available. DDS is exploring modification to the budget tool to make it more user friendly. VMRC clients seem to be happy with the tool currently in use. A component of the SD Program is evaluation to include cost neutrality, successes & outcomes. SCDD is playing a big role in evaluation.

DDS correspondence re: names on interested list were due from regional centers 11/15. VMRC submitted 792 names for the 11/22 draw.

**SCDD Self Determination Advisory Committee**-No additional updates, as there was no statewide meeting since SDAC met.

**VMRC Self Determination Advisory Committee Next Steps**-Planning mixers of SD participants, continue to seek out SD participants and invite to the SDAC meetings.

### **SD Issues-*Discussion***

- Karen inquired about FMS companies and which models were being used.
- Gricelda would like to see the completed plan of a SD participant, without seeing the confidential information.
- Mariela asked for further explanation for spending plan approval.
- Karen explained what the process has looked like in her situation. Her daughter has had a few meetings so far.
- Gricelda suggested that the SDAC has presentations in the future for FMS providers. Tony also shared the FMS information on the DDS website.

**VMRC SDAC Membership Update** - Dena H. provided a membership update. Participants are still needed from Amador, Calaveras & Tuolumne Counties. Info has been shared with consumers/families but still has not been returned yet. Dena also announced that Dena Pfeifer tried to attend the meeting by phone, but

could not connect, and requested that Dena H. read her resignation to the committee.

**Next Meeting** – Thursday, December 19, 2019 from 10-11:30am at VMRC Board Room Stockton.

**Meeting Adjourned at 5pm**

*Minutes respectfully submitted by Lisa Culley*

DRAFT