



**VMRC Self  
Advisory**



**Determination  
Committee Meeting**



**Minutes**

**June 20, 2019**

**Held at VMRC in Stockton**

<p><b><u>VMRC SDAC Members - Present</u></b>          Karen Bonacci (FA)          Lisa Culley (FA)          Gricelda Estrada (FA)          John Forrest (FA)          Roger Goatcher(FA)          Christine Hager-secretary (DRC OCRA)          Alphonse Mickahail (FA)          Dr. Bethany Mickahail (FA) (on phone)          Dena Pfeifer(SA)          Mariela Ramos- vice chair (FA)          Mohamed Rashid-chair (SA)          Nancy Sanchez (FA)          Kerstin Williams (SA)</p> <p><b><u>VMRC SDAC Members- Absent</u></b>          Mary Bonacci (SA)          Claire Lazaro (FA)          Yadira Placsencia (FA)          Martha Arely Solano (FA)          Liz Zastrow Community Member</p> <p><b><u>SCDD Staff</u></b>          Dena Hernandez- North Valley Hill</p> <p>SA= Self Advocate          FA= Family Advocate</p>	<p><b><u>Guests</u></b>          Nicholas Aguilar –Premier Healthcare          Dora Contreras (FA)          Tracy Gardner (SA)          Joseph Hernandez- Premier Healthcare          Maria Lara (FA)          Angela Lewis- faciliator          Tracy Parker (SA)          Maria Solano (FA)          Amy Toy (FA)</p> <p><b><u>VMRC Staff</u></b>          Doug Bonnett – Director’s Assistant          Cindy Mix- Director of Consumer Services          Elizabeth Diaz- SD Service Coordinator          Carlos Hernandez- Cultural Specialist          David Narbona – SD Service Coordinator          Tania Candelana- SD Service Coordinator</p> <p><b><u>Spanish Translators- provided by VMRC</u></b>          Ceasar Enriquez          Isela Bingham</p>
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**Call Meeting to order-** Mohamed Rashid-chair- called to order at 3:37pm

**Introductions-** Committee Members and audience- all introduced themselves. Enrique and Isela provided translator services for Spanish speaking families.

**Establish Quorum-** Mohamed-chair established a quorum.

**Approval of the Agenda-** Motion: to approve the agenda by Dena Pfeifer and seconded by Karen Bonacci. Vote taken –motion passed unanimously.

**Approval of the minutes from May 13, 2019 –** Motion to approve the minutes – Dena Pfeifer made the motion and it was seconded by Alphonse Mickahail. Vote taken -motion passed unanimously.

**Public Comment-**

- None

**Update on the Self Determination Program Phase in & Orientation- *Information***

Cindy Mix Director of Case Management

- Cindy said she sat in on the statewide self-determination meeting with a variety of people. There will be a 1 page guide on the spending plan being developed within the month. It will be on the DDS website.
- Person Centered Planning/Independent Facilitators will be able to help with the spending plan. Spending plan can be done in one meeting and certified by the RC.
- 15 PCP's have been completed statewide.
- 207 of the 2500 participants are not going to continue in the program. VMRC has some people who have moved out of state or out of the area. DDS has not identified when to fill the empty slots in the program with the names on the waiting list and then to complete the next random draw.
- SCDD is hosting a Self Determination Facebook Forum- go to FACEBOOK, type Self Determination and then join the Group. Look here for self-determination information as well as the DDS website.
- Tony is working on the Independent Facilitators.
  - Mariela and Gricelda asked about training in Spanish for Independent Facilitators and the budget. Nancy agreed with Mariela and Gricelda. Dena from SCDD shared that the training is coming.

- Person Centered planning training is being translated into Spanish at this time.
- Self Determination service coordinators will move into their new positions in July. VMRC is waiting for forms from DDS. Fiscal is onboard and ready to attend meetings to certify budgets.
- 4 people from other RC catchment areas have moved into VMRC and are ready and have attended their training.
- VMRC sends a monthly report to DDS.
- DDS has approved RC's to reimburse people, up to \$2500, for purchasing their person centered plans from an agency other than the RC. VMRC has no agency vendorized to purchase person centered plans from and nobody has requested reimbursement. Liz explained this in Spanish as there were many questions. Cindy asked the committee what the ideas are to get this information out to the people in the program. Christine asked for a flyer to distribute to people in the program.
  - IPP's are developed based on the Person Centered Plan.
  - The self-determination train the trainer does NOT certify you to do person centered plans.
  - You have to be certified to do person centered planning and you have to be vendorized to be reimbursed.
  - Liz shared that she took the person centered planning training. She had to participate in the training, then she had to sit in on the training, then she had to give the training twice and was monitored by certified trainers. She had to complete a person centered plan which was reviewed by her mentor. It took one year to complete all of these steps.
  - Premier expressed that it's not always the best idea to create your own person centered plan, since you may not be open to all of the wants and needs of your child.
  - The question was asked why there are no vendors in our area. Dena shared that it wasn't a need in the past, we weren't part of the pilot. We are looking for the vendors to come to our area and provide person centered planning now.
  - Cindy shared that VMRC has asked ICC to come to our area to provide person centered planning. Dena shared that ICC asked SCDD, FRN and OCRA to provide person centered planning training.

- Nancy and Gricelda asked that a formal meeting be held to ask ICC to provide the training. Cindy and Doug explained that there was a meeting last week with ICC and VMRC is waiting for the information from ICC and then VMRC will help them distribute their information. Carlos shared that last week ICC will provide a letter to VMRC that says what ICC does. VMRC will post it on social media and will distribute it to SC's.

### **SCDD Self Determination Advisory Committee-**

Mohamed read his report that he attended the SCDD Statewide Self Determination Advisory Committee on June 10 and 11 in Sacramento. There is a picture of 20 of the 21 members representing the 21 regional centers on this committee that were present at the meeting. Liz Harrell from the Department of Developmental Services (DDS) Training and Special Projects Coordinator was there to provide a strategic planning session with the committee- the goal was to develop a mission and vision statement. (For the full report that was handed out at the meeting- see [www.vmrc.net/](http://www.vmrc.net/) under self determination.

### **VMRC Self Determination Advisory Committee Next Steps-**

- Mohamed shared that the next orientation will be June 24 in the Modesto VMRC office. Mohamed will attend this orientation as well.
- Mohamed attended an orientation and he thought they did pretty good and it was informative.
- Mohamed asked if anyone is interested in hosting a meet and greet in the 5 counties...to invite all of the participants from each county and we can meet them and show that we all want to work together. We can get together and talk with them and answer their questions about the program.
  - Dena shared that at the three orientations; mountain county people attended and said that they wished they could get together with others in the program to find out how they are doing things. VMRC has the list of the program participants and they could send out the invitations and the advisory committee could attend. Karen said it would be useful if people were interested. Cindy suggested VMRC could send out a survey monkey to participants to see if they want to have a meet and greet and when is a good time to meet. Cindy will

give the info to Doug. OCRA and Premier will set up snacks if the meet and greets happen.

- Mariela asked why Premier was present. They explained that they attend many of the advisory committee meetings to share information about FMS.
- Mohamed asked Liz Harrell about a discussion on independent facilitators. He wants to know if the committee would want her to come and talk to us. Mohamed will go back and talk to Liz about what information she can provide on independent facilitation and what her available dates are to come to VMRC.

### **VMRC SDAC Membership Update -**

Dena Hernandez-The membership is in the law and VMRC appoints half the members and SDCC appoints the other half of the members. Our committee is large and is still missing members from Amador, Calaveras and Tuolumne Counties. Several people have applied, but all from San Joaquin County. There is a mother and son considering joining the committee from Tuolumne County.

The meetings are open to the public and there is always a public comment section.

There are English/Spanish flyers on the table about safety training, from Get Safe. Please RSVP if you are able to join us for a training.

SCDD, FRN and OCRA met with ICC last week. There was a discussion about keeping self-determination alive for those not selected in the pilot. ICC wants to work collaboratively with us to continue talking about self-determination in the communities. In the past this committee has done symposium's to inform people. Does this committee want to continue providing symposium's to the 5 counties to keep them informed about self-determination?

Cindy shared that self-determination has been added to the IPP coversheet and the person has to initial that they received the information.

OCRA agreed to partner in the symposium's and we should consider to go to the foothills and put them on.

Premier reminded the committee that now we have people in the program who can help educate others during the symposiums.

**Next Meeting** – Thursday, July 18, 2019 at 3:30pm at VMRC Board Room Stockton

**Meeting Adjourned at 4:51pm**

*Minutes respectfully submitted by Secretary Christine Hager- DRC/OCRA & Dena Hernandez- SCDD North Valley Hills*

DRAFT