

# Self Determination Orientation Trainings

You were part of the first 100 individuals selected from Valley Mountain Regional Center to Participate in Self Determination

## Now What??



You need to attend one Orientation Training

All Trainings are from 9 AM to 4 PM

Lunch Not Provided

May 9, 2019 at the **Stockton** Valley Mountain Regional Center Office

May 28, 2019 at the **Stockton** Valley Mountain Regional Center Office

June 7, 2019 at the **Stockton** Valley Mountain Regional Center Office

June 24, 2019 at the **Modesto** Valley Mountain Regional Center Office

Please contact Angelique Shear at (209) 955-3294 or [ashear@vmrc.net](mailto:ashear@vmrc.net) to register for one of the orientation sessions.