

Addendum to Provide Care for Consumers with Diabetes in an Adult Residential Facility

Section 1: Purpose/Methods/Goals

care home is licensed to provide care to developmentally disabled individuals. Our goal is to be able to accept and/or retain consumers who have a restricted health condition. We want the consumer to have continuity of care and be able to stay in the care home if a health problem develops. Our home will provide care for consumers with the following health conditions: Diabetes. We will adhere to Title 22 regulations and provide the best care possible for the consumer.

Section 2: Medical

1. If the consumer is mentally and physically capable of doing his/her own blood glucose testing and medication administration, then the role of the Administrator will be to monitor the procedures, document them and provide all supplies and medications as needed, and monitor the client's ability to provide self care.
2. If the consumer is not able to either test for blood glucose or self administer medications then :
 - A. The Administrator will have a licensed health professional available from home health agency to do the blood glucose testing. OR
 - B. The licensed health professional will train non-licensed staff to do blood glucose testing, and report findings to Administrator. (Equipment used will be approved by FDA)
 - C. Only a licensed health professional will administer insulin injections.
3. Administrator will insure that testing equipment, syringes, medications, and needles are available for consumer at the facility. Administrator will insure that used "sharps" (needles, syringes and lancets) are disposed of safely, as detailed in California Code of Regulations, Title 8 Sec 5193.
4. Administrator will insure that results of all blood glucose tests are recorded and primary physician notified if consumer's blood glucose is out of range specified by physician.
5. Administrator will provide a modified diabetic diet, as prescribed by physician. Title 22 80076 (a) (b)
6. Administrator will insure that all facility staff who provide care to the consumer are trained in signs and symptoms of hyper and hypo- glycemia and what actions to take if they occur.
7. In an emergency, the staff present will call 911 and notify the consumer's physician.

Section 3: Admission/intake /discharge

1. Before admission to care home the Administrator will do a pre-admission appraisal to insure that the care home can meet the consumer's needs. A functional capabilities assessment will be done as part of this appraisal.
2. Staff training will be provided prior to consumer's admission, which shall include hands-on instruction in both general procedures and client-specific procedures.
3. If the Administrator feels the care home no longer meets the consumer's needs, the Administrator will give the consumer and the placing agency a 30 day notice. If an emergency situation exists, an immediate notice, verbal and written, will be given to the placing agency, consumer and authorized representative.

Section 4: Needs and Services

1. Within 30 calendar days of admission, the consumer will have a written medical assessment by a licensed physician, or designee. This information will be used to develop the Needs and Services Plan.
2. The Needs and Services Plan will be developed jointly with the consumer and placing agency within 30 days of admission.
3. The Restricted Health Condition Care Plan (RHCCP) will be developed in conjunction with a licensed health professional for those restricted health conditions stated in 80092. The plan will be developed within 30 days of admission.
4. The RHCCP shall neither require nor recommend that the licensee or any facility personnel or any other person providing care, other than a physician or unlicensed health professional, implement any health care procedures that may legally be provided only by a physician or licensed health professional.

Section 5: Nutrition/menu

1. If the physician prescribes a specialized diabetic diet, the Administrator will instruct staff on how to provide this diet. Consultation with a dietitian will be done as needed. (EXAMPLES)!

Section 6: In-service training for staff

1. A licensed health professional will train staff to monitor the consumers' diabetes. The licensed health professional will be: a staff member.
2. Administrator will ensure that training is done for all staff at least annually and for new staff as part of orientation, prior to providing services to the consumer. This will be documented and documentation kept in personnel files of facility.
3. Administrator will attend trainings given by licensed staff and obtain a copy of the training materials. Training shall include hands on instruction specific to (consumer) and general procedures.

Section 7: Reporting requirements

1. Administrator will call, email or fax notification to CCL when a consumer with a restricted health condition is admitted to the care home. The presence of a restricted health condition will be noted on the roster of clients for the care home.

Section 8: Personal rights

1. Consumers and their representative will be informed of client's rights, in accordance with California Code of Regulations, Title 22, 82072. This includes the right to refuse treatment and to be informed of what the placement consequences of such action would be.
2. If a client refuses medical services, the licensee shall immediately notify all persons involved and shall participate in developing a plan for meeting the client's needs, which may result in an eviction notice to the consumer.

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