



## Valley Mountain Regional Center Community and the New Self-Determination Program

On May 19 and 20, 2017 the Valley Mountain Regional Center along with our event sponsor Premiere Healthcare Services and local partners SCDD North Valley Hills, Disability Rights California, Family Resource Center Network, and the Self-Advocacy Council 6 hosted three sold out Self-Determination Symposiums in Stanislaus and San Joaquin counties. We trained about 300 parents, providers, consumers, and regional center professionals. This announcement is a highlight of the three events, including PowerPoint presentation and other related resources provided during the symposiums. If you'd like to be included on our list of interested consumers and family members please [click here](#).





Valley Mountain Regional Center Executive Director, **Tony Anderson** moderated the day quizzing attendees about the concepts they were learning and adding additional facts and information about the Self-Determination program (SDP). One fact we learned later was that licensed residential services and Family Home Agencies (FHAs) services would be available services accessible in the SDP.

Below you'll find the PowerPoint presentations from our speakers on the Pilot Project and today's SDP, Person-Centered Thinking and Planning, the Independent Facilitator role, and the role of Fiscal Management Services.

For more facts from the Lanterman Act on Self-Determination click on the [\*\*SDP Fact Sheet.\*\*](#)

**Liz Harrell** of the East Los Angeles Regional Center describes the Self-Determination pilot program what worked and lessons learned and shows us how the new SDP will work in California. "Self Determination is a program where you (or your parent or legal representative) are given a specific budget from which you can purchase the services and supports that you need to make your person centered plan work for you. Instead of the money going to the Regional Center to pay providers, you get the money set aside for you and you choose the providers."



Self-Determination: [\*\*The ELARC Pilot 19 Years Later - Part 1\*\*](#)

Self-Determination: [\*\*The ELARC Pilot 19 Years Later - Part 2\*\*](#)

Self-Determination: [\*\*The ELARC Pilot 19 Years Later - Part 3\*\*](#)



**Doug Pascover** of Imagine Supported Living Services in Santa Cruz County brought real world experience as an Independent Facilitator since 2003. He provided the audience with honest personal perspectives on how the Independent Facilitator is key to "the possibility of rewarding effectiveness, sequential goal setting and more selective attention to the development of the individual." **[Defining the Independent Facilitator Role](#)**

**Trudy Grable** the Director at Parents Helping Parents (PHP) gave an extremely well received presentation on Person-Centered Thinking and Planning as the bedrock for all quality planning in Self-Determination and for all Home and Community Based Services. She really brought home the message about the need to fully understand and balance those things which are "important for you" and those that are "important to you." "Person-Centered Planning requires thinking in a person-centered way and putting that thinking into practice". Trudy invites all those interested in learning more to check out the **[Helen Sanderson and Associates website](#)** for "*many, many wonderful tools and the templates along with videos of Michael Smull video clips about each tool.*"



### **[Person-Centered Planning PowerPoint](#)**



Victor Lira of Premiere Healthcare Services gave the audience a great presentation on the "nuts and bolts" of how the financial management services (FMS) work in the SDP. The FMS maintains separate accounting of funds for each person and helps them to manage and direct funds in individual budgets, and make sure you have financial resource for your IPP, and payments are in line with your individual budgets.

### **[Fiscal Management Services PowerPoint](#)**

The [California Department of Developmental Services](#) maintains a webpage on their site dedicated to all things "Self-Determination". This page includes information on the law and regulations, updates on the status of federal approval, answers to frequently asked questions, and much more: [Self-Determination Webpage](#). The video below is just one of the many informational resources available from DDS.



MARIA MARQUEZ  
SELF-DETERMINATION PILOT PARTICIPANT  
in the State of California to have my budget signed

### Thanks to our Sponsors!





## Self-Determination Local Advisory Committee

Want to get more involved with the development of Self-Determination in our region? Come to the local advisory committee of the Valley Mountain Regional Center and SCDD North Valley Hills.

Next Meeting: Tuesday June 6, 2017  
3 pm to 4 pm at the VMRC Stockton Office,  
Cohen Conference Room  
702 N. Aurora Street  
Stockton, CA 95202  
(209) 473-095

Last Meeting Minutes

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VALLEY MOUNTAIN REGIONAL CENTER  
702 N. AURORA STREET  
STOCKTON, CA 95269  
[WEBSITE](#)

